

16 Sep 2026

2026 Southeast Zone LCM Top 10 Women

World record

USMS record

Southeast Zone record

Women 18-24 50 Free

Keith, Emma	24	TNAQ	30.63
Delaney, Julia	24	PBM	30.91
Johnson, Emma-Claire	22	SAVMS	32.27
Waddell, Hannah	22	SMS	32.29
Bostic, Emmelyne	20	S&S	32.78
Robertson, Madison	21	GAJA	33.22
Bachelder, Laura	23	COLM	33.27
Wamsley, Sierra	24	UC45	34.45
Gustin, Alexa	24	PAQM	34.78
Li, Ava	24	COLM	38.99

Women 18-24 100 Free

Keith, Emma	24	TNAQ	1:07.92
Waddell, Hannah	22	SMS	1:10.88
Garcia, Sedona	19	TYSM	1:14.49
Johnson, Emma-Claire	22	SAVMS	1:14.98
Pearson, Jojo	24	NASH	1:15.34
Brody, Ariela	19	SFTL	1:15.63
Robertson, Madison	21	GAJA	1:17.88
Vazhenin, Katherine	23	DYNA	1:47.51

Women 18-24 200 Free

Davis, Meagan	20	UC45	2:25.38
Keith, Emma	24	TNAQ	2:32.45
Pearson, Jojo	24	NASH	2:34.15
Johnson, Emma-Claire	22	SAVMS	2:45.61
Garcia, Sedona	19	TYSM	2:47.43
Gustin, Alexa	24	PAQM	2:54.40
Vazhenin, Katherine	23	DYNA	3:56.27

Women 18-24 400 Free

Pearson, Jojo	24	NASH	5:11.15
Delaney, Julia	24	PBM	5:18.68
Brody, Ariela	19	SFTL	5:38.16
Vazhenin, Katherine	23	DYNA	8:17.78

Women 18-24 800 Free

Pearson, Jojo	24	NASH	10:25.11
Delaney, Julia	24	PBM	11:33.58

Women 18-24 1500 Free

Pearson, Jojo	24	NASH	19:30.77
Brody, Ariela	19	SFTL	21:57.30

Women 18-24 50 Back

Wamsley, Sierra	24	UC45	37.14
Bachelder, Laura	23	COLM	39.14
Waddell, Hannah	22	SMS	39.81
Johnson, Emma-Claire	22	SAVMS	40.89
Robertson, Madison	21	GAJA	42.08
Gustin, Alexa	24	PAQM	44.64

Women 18-24 100 Back

Davis, Meagan	20	UC45	1:12.24
Pearson, Jojo	24	NASH	1:17.48
Waddell, Hannah	22	SMS	1:19.04

Women 18-24 200 Back

Davis, Meagan	20	UC45	2:43.73
Wamsley, Sierra	24	UC45	2:54.70

Women 18-24 50 Breast

Waddell, Hannah	22	SMS	39.51
Keith, Emma	24	TNAQ	40.78
Delaney, Julia	24	PBM	41.62
Hellenbrand, Heidi	24	PALM	45.46
Gustin, Alexa	24	PAQM	45.65
Robertson, Madison	21	GAJA	46.84
Li, Ava	24	COLM	52.63

Women 18-24 100 Breast

Waddell, Hannah	22	SMS	1:25.79
Gustin, Alexa	24	PAQM	1:37.62
Hellenbrand, Heidi	24	PALM	1:42.50

Women 18-24 200 Breast

Gustin, Alexa	24	PAQM	3:27.70
Hellenbrand, Heidi	24	PALM	3:42.85

Women 18-24 50 Fly

Fu, Jiayu	23	NCMS	29.61
Davis, Meagan	20	UC45	31.80
Delaney, Julia	24	PBM	33.71
Bostic, Emmelyne	20	S&S	36.00
Garcia, Sedona	19	TYSM	36.73
Hellenbrand, Heidi	24	PALM	38.04
Robertson, Madison	21	GAJA	38.68
Vazhenin, Katherine	23	DYNA	58.72

Women 18-24 100 Fly

Delaney, Julia	24	PBM	1:17.24
Pearson, Jojo	24	NASH	1:26.26
Garcia, Sedona	19	TYSM	1:49.97

Women 18-24 200 IM

Delaney, Julia	24	PBM	2:50.71
Wamsley, Sierra	24	UC45	3:05.14
Garcia, Sedona	19	TYSM	3:14.87
Gustin, Alexa	24	PAQM	3:16.94

Women 18-24 400 IM

Davis, Meagan	20	UC45	5:48.51
Pearson, Jojo	24	NASH	5:49.81

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Southeast Zone record

Women 25-29 50 Free

Alons, Kylee	27	TAC	26.04
Feliciano, Danielle	29	GTSA	29.12
Galluzzo, Natalie	27	SFTL	29.24
Wright, Cassandra	28	SFTL	29.65
Gantt, Courtney	27	NCMS	30.16
Jones, Amanda	27	NCMS	30.79
Khiraoui, Noora	29	GOLD	32.02
Martin, Jasmine	27	NCMS	33.51
Selbach, Lindsay	25	LHPYC	33.65
Thomas, Ann	29	NCMS	34.61
Graham, Sofia	27	PALM	34.61

Women 25-29 100 Free

Alons, Kylee	27	TAC	56.99
Galluzzo, Natalie	27	SFTL	1:03.51
Nixon, Bryanna	29	SFTL	1:04.41
Toris, Victoria	29	PBM	1:05.97
Feliciano, Danielle	29	GTSA	1:06.49
Yakushi, Julia	26	NASH	1:08.60
Gantt, Courtney	27	NCMS	1:08.72
Gilliland, Virginia	26	NCMS	1:09.76
Jones, Amanda	27	NCMS	1:10.02
Cielo, Bryana	29	NCMS	1:12.49

Women 25-29 200 Free

Bayer, Cassidy	27	SCC	2:18.54
Graham, Sofia	27	PALM	2:55.00
Mageau, Kayla	27	MELB	3:08.52
Nakhla, Alessandra	27	SHARK	3:50.17

Women 25-29 400 Free

Nixon, Bryanna	29	SFTL	5:04.74
Toris, Victoria	29	PBM	5:13.57
Graham, Sofia	27	PALM	6:07.40
Mageau, Kayla	27	MELB	6:15.39
Martin, Jasmine	27	NCMS	6:24.58

Women 25-29 800 Free

Nixon, Bryanna	29	SFTL	10:47.66
Despres, Morgan	26	NCMS	11:31.37
Mageau, Kayla	27	MELB	12:54.10
Swickert, Courtney	28	TMC	13:14.33

Women 25-29 1500 Free

Nixon, Bryanna	29	SFTL	20:20.06
Mageau, Kayla	27	MELB	24:57.41
Martin, Jasmine	27	NCMS	26:07.73

Women 25-29 50 Back

Alons, Kylee	27	TAC	28.82
Wright, Cassandra	28	SFTL	33.29
Bayer, Cassidy	27	SCC	33.35
Toris, Victoria	29	PBM	33.39
Galluzzo, Natalie	27	SFTL	35.10
Jones, Amanda	27	NCMS	37.04
Cielo, Bryana	29	NCMS	37.66
Wilson, Sarafina	27	SPM	37.66
Selbach, Lindsay	25	LHPYC	40.17
Johnson, Rebecca	29	LHM	42.36

Women 25-29 100 Back

Wright, Cassandra	28	SFTL	1:14.76
Alons, Kylee	27	TAC	1:15.12
Jones, Amanda	27	NCMS	1:21.30
Cielo, Bryana	29	NCMS	1:22.72
Swickert, Courtney	28	TMC	1:30.94

Women 25-29 200 Back

Johnson, Rebecca	29	LHM	3:26.66
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Women 25-29 50 Breast

Stax, Kimberly	25	UC55	35.30
Galluzzo, Natalie	27	SFTL	36.08
Feliciano, Danielle	29	GTSA	36.67
Despres, Morgan	26	NCMS	37.23
Yakushi, Julia	26	NASH	39.60
Wright, Cassandra	28	SFTL	40.39
Culp, Lillian	25	NASH	41.34
Bridenbaugh,	25	NCMS	43.75
Selbach, Lindsay	25	LHPYC	47.15
Mageau, Kayla	27	MELB	51.04

Women 25-29 100 Breast

Galluzzo, Natalie	27	SFTL	1:18.50
Feliciano, Danielle	29	GTSA	1:22.84
Martin, Jasmine	27	NCMS	1:39.29
Mageau, Kayla	27	MELB	1:54.34
Nakhla, Alessandra	27	SHARK	2:00.45

Women 25-29 200 Breast

Feliciano, Danielle	29	GTSA	3:01.47
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Women 25-29 50 Fly

Culp, Lillian	25	NASH	29.90
Galluzzo, Natalie	27	SFTL	31.51
Jones, Amanda	27	NCMS	32.32
Despres, Morgan	26	NCMS	32.40
Gantt, Courtney	27	NCMS	32.93
Gilliland, Virginia	26	NCMS	33.69
Khiraoui, Noora	29	GOLD	33.79
Yakushi, Julia	26	NASH	34.09
Cielo, Bryana	29	NCMS	34.36
Graham, Sofia	27	PALM	41.65

Women 25-29 100 Fly

Bayer, Cassidy	27	SCC	1:06.19
Culp, Lillian	25	NASH	1:08.99
Khiraoui, Noora	29	GOLD	1:18.05
Jones, Amanda	27	NCMS	1:18.27
Nakhla, Alessandra	27	SHARK	2:03.43

Women 25-29 200 IM

Cielo, Bryana	29	NCMS	2:58.94
Khiraoui, Noora	29	GOLD	3:03.24
Swickert, Courtney	28	TMC	3:27.20
Devine, Marissa	29	NCMS	3:30.84
Mageau, Kayla	27	MELB	3:33.00

Women 25-29 400 IM

Khiraoui, Noora	29	GOLD	6:35.43
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Women 30-34 50 Free

Manning, Gillian	31	NCMS	27.95
Charnovich, Megan	31	NCMS	31.01
Fujimoto Wakabayashi, A31	ART		33.66
Miller, Emma	30	NCMS	34.27
Pearce, Samantha	32	AWYY	34.68
Cannilla, Cara	30	SFTL	36.35
Coe, Genevieve	34	ARP	37.94

Women 30-34 100 Free

Pearce, Samantha	32	AWYY	0.00
Jabusch, Sarah	32	NCMS	1:07.07
Aldo, Rosemarie	33	NCMS	1:07.15
Fujimoto Wakabayashi, A31	ART		1:16.59
Adam, Emily	31	ART	1:17.23
Coe, Genevieve	34	ARP	1:22.42
Lehmann, Christiana	30	GSMS	1:30.96

Women 30-34 200 Free

Zhang, Gina	30	NCMS	2:33.21
Cannilla, Cara	30	SFTL	2:51.51
Coe, Genevieve	34	ARP	3:08.66
Lehmann, Christiana	30	GSMS	3:14.89

Women 30-34 400 Free

Manning, Gillian	31	NCMS	4:35.35
Aldo, Rosemarie	33	NCMS	5:26.20
Cannilla, Cara	30	SFTL	5:57.37

Women 30-34 50 Back

Jabusch, Sarah	32	NCMS	37.89
Pearce, Samantha	32	AWYY	41.36
Cannilla, Cara	30	SFTL	42.17
Fellenbaum, Samantha	33	NCMS	44.71
Coe, Genevieve	34	ARP	46.76

Women 30-34 100 Back

Aldo, Rosemarie	33	NCMS	1:23.17
Pearce, Samantha	32	AWYY	1:29.06
Stayman, Hayley	34	GSMS	1:36.55

Women 30-34 50 Breast

Aldo, Rosemarie	33	NCMS	40.97
Fujimoto Wakabayashi, A31	ART		42.44
Jacobs, Elizabeth	30	GOLD	42.89
Pearce, Samantha	32	AWYY	48.00
Lehmann, Christiana	30	GSMS	52.91

Women 30-34 100 Breast

Aldo, Rosemarie	33	NCMS	1:33.00
Jacobs, Elizabeth	30	GOLD	1:33.46
Fujimoto Wakabayashi, A31	ART		1:34.34
Lehmann, Christiana	30	GSMS	1:56.70

Women 30-34 200 Breast

Jacobs, Elizabeth	30	GOLD	3:24.06
Fellenbaum, Samantha	33	NCMS	3:31.27
Lehmann, Christiana	30	GSMS	4:07.25

Women 30-34 50 Fly

Jabusch, Sarah	32	NCMS	32.43
Aldo, Rosemarie	33	NCMS	34.28
Jacobs, Elizabeth	30	GOLD	37.26
Fellenbaum, Samantha	33	NCMS	41.96
Stayman, Hayley	34	GSMS	42.33

Women 30-34 100 Fly

Manning, Gillian	31	NCMS	1:06.30
Zhang, Gina	30	NCMS	1:13.38
Fellenbaum, Samantha	33	NCMS	1:37.75

Women 30-34 200 IM

Zhang, Gina	30	NCMS	2:47.44
Jacobs, Elizabeth	30	GOLD	3:09.50
Fujimoto Wakabayashi, A31	ART		3:12.14
Stayman, Hayley	34	GSMS	3:28.47

Women 30-34 400 IM

Zhang, Gina	30	NCMS	5:49.94
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Women 35-39 50 Free

Johnson, Caroline	39	GAJA	28.14
Simmons, Erin	38	NCMS	32.32
Testa, Lauren	37	GAJA	32.84
Filipp, Danielle	39	NCMS	33.32
Waninger, Stephanie	37	LOCO	34.21
Morrissey, Kayla	38	SMS	36.00
Boucher, Cara	38	UC55	37.02
Dammer, Emily	35	SHARK	37.19
Schmick, Laura	39	ARP	42.86

Women 35-39 100 Free

Johnson, Caroline	39	GAJA	1:00.09
Simmons, Erin	38	NCMS	1:15.98
Waninger, Stephanie	37	LOCO	1:17.00
Morrissey, Kayla	38	SMS	1:21.96
Dammer, Emily	35	SHARK	1:22.18
Reininger, Susanne	37	GSMS	1:39.87

Women 35-39 200 Free

Johnson, Caroline	39	GAJA	2:12.32
Heatley, Stephanie	36	PALM	2:25.92
Boretzky, Shelby	35	GSMS	2:38.20
Dammer, Emily	35	SHARK	3:05.24
Boucher, Cara	38	UC55	3:34.84

Women 35-39 400 Free

Johnson, Caroline	39	GAJA	5:00.55
Heatley, Stephanie	36	PALM	5:07.27
Luke, Chelsea	37	COLM	5:31.82
Boretzky, Shelby	35	GSMS	5:36.22
Dammer, Emily	35	SHARK	6:24.13
Bergstrom, Hannah	39	SPM	6:54.90

Women 35-39 800 Free

Dammer, Emily	35	SHARK	13:36.64
Bergstrom, Hannah	39	SPM	15:09.94

Women 35-39 1500 Free

Dammer, Emily	35	SHARK	25:43.08
Bergstrom, Hannah	39	SPM	28:00.23

Women 35-39 50 Back

Johnson, Caroline	39	GAJA	31.92
Filipp, Danielle	39	NCMS	37.75
Holzer, Emma	35	NCMS	38.57
Simmons, Erin	38	NCMS	38.61
Waninger, Stephanie	37	LOCO	40.66
Dammer, Emily	35	SHARK	41.28
Morrissey, Kayla	38	SMS	44.38
Schmick, Laura	39	ARP	56.19

Women 35-39 100 Back

Johnson, Caroline	39	GAJA	1:09.60
Heatley, Stephanie	36	PALM	1:18.48
Dammer, Emily	35	SHARK	1:28.73
Simmons, Erin	38	NCMS	1:29.05
Waninger, Stephanie	37	LOCO	1:29.85

Women 35-39 200 Back

Johnson, Caroline	39	GAJA	2:33.62
Heatley, Stephanie	36	PALM	2:49.39
Luke, Chelsea	37	COLM	2:53.92
Dammer, Emily	35	SHARK	3:15.20

Women 35-39 50 Breast

Ruiz, Kimberly	35	NCMS	33.06
Janszen, Amanda	39	SFTL	37.88
Filipp, Danielle	39	NCMS	39.17
Testa, Lauren	37	GAJA	41.83
Waninger, Stephanie	37	LOCO	49.73
Dammer, Emily	35	SHARK	52.97
Morrissey, Kayla	38	SMS	53.42
Schmick, Laura	39	ARP	1:07.02

Women 35-39 100 Breast

Filipp, Danielle	39	NCMS	1:25.54
Boretzky, Shelby	35	GSMS	1:32.15
Reininger, Susanne	37	GSMS	2:09.25

Women 35-39 200 Breast

Filipp, Danielle	39	NCMS	3:03.50
Luke, Chelsea	37	COLM	3:16.71
Boretzky, Shelby	35	GSMS	3:19.41
Reininger, Susanne	37	GSMS	4:46.49

Women 35-39 50 Fly

Janszen, Amanda	39	SFTL	29.49
Johnson, Caroline	39	GAJA	29.57
Filipp, Danielle	39	NCMS	33.54
Holzer, Emma	35	NCMS	34.01
Testa, Lauren	37	GAJA	35.38
Morrissey, Kayla	38	SMS	39.81
Boucher, Cara	38	UC55	43.06
Bergstrom, Hannah	39	SPM	44.84
Simmons, Erin	38	NCMS	45.99
Schmick, Laura	39	ARP	51.61

Women 35-39 100 Fly

Johnson, Caroline	39	GAJA	1:05.58
Janszen, Amanda	39	SFTL	1:07.19
Bergstrom, Hannah	39	SPM	2:08.24

Women 35-39 200 Fly

Johnson, Caroline	39	GAJA	2:34.05
Janszen, Amanda	39	SFTL	2:34.28

Women 35-39 200 IM

Johnson, Caroline	39	GAJA	2:35.53
Luke, Chelsea	37	COLM	2:51.18
Filipp, Danielle	39	NCMS	2:51.95
Morrissey, Kayla	38	SMS	3:22.62
Boucher, Cara	38	UC55	3:41.83
Bergstrom, Hannah	39	SPM	3:54.94

Women 35-39 400 IM

Johnson, Caroline	39	GAJA	5:31.71
Luke, Chelsea	37	COLM	6:09.49

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Women 40-44 50 Free

Campfort, Christina	44	TYSM	29.65
Moyer, Amanda	40	COLM	31.44
Thompson, Christina	42	TYSM	32.94
Patton, Celeste	42	SPM	33.64
Lorkowski, Jessica	41	GAJA	33.93
Plummer, Stephanie	44	UC55	33.93
Swoch, Sarah	41	SPM	36.32
Blomquist, Amanda	40	GSMS	39.76
Nethers, Meagan	41	SMS	39.84

Women 40-44 100 Free

O'Leary, Britta	42	GAJA	1:02.31
Kowalsky, Becky	41	SFTL	1:04.38
Watson, Mallory	40	SFTL	1:07.39
Lavado, Corymar	40	UC14	1:09.02
Woodruff, Janice	40	PBM	1:10.04
Gibson, Stephanie	43	SPM	1:11.22
Patton, Celeste	42	SPM	1:15.46
Lorkowski, Jessica	41	GAJA	1:16.72
Swoch, Sarah	41	SPM	1:16.87
Taylor, Sharon	41	TYSM	1:27.37

Women 40-44 200 Free

Shelnutt, Vesna	41	GAJA	2:19.54
O'Leary, Britta	42	GAJA	2:19.74
Kowalsky, Becky	41	SFTL	2:29.24
Heiser, Becca	43	NCMS	2:33.98
Lorkowski, Jessica	41	GAJA	2:45.70
Swoch, Sarah	41	SPM	2:46.58
Patton, Celeste	42	SPM	2:50.59
Moyer, Amanda	40	COLM	3:03.15
Gold, Edymar	42	SHARK	4:26.57

Women 40-44 400 Free

Shelnutt, Vesna	41	GAJA	4:51.61
Heiser, Becca	43	NCMS	5:17.20
Lavado, Corymar	40	UC14	5:30.52
Ritter, Jennifer	43	SRA	5:31.68
Woodruff, Janice	40	PBM	5:38.22
Swoch, Sarah	41	SPM	5:47.90
Patton, Celeste	42	SPM	5:58.57
Plummer, Stephanie	44	UC55	6:28.28
Gold, Edymar	42	SHARK	8:50.91

Women 40-44 800 Free

Shelnutt, Vesna	41	GAJA	10:11.52
Hitchcock, Christina	44	SFTL	11:10.95
Gibson, Stephanie	43	SPM	11:12.45
Lavado, Corymar	40	UC14	11:32.62
Swoch, Sarah	41	SPM	11:49.96
Patton, Celeste	42	SPM	12:11.55

Women 40-44 1500 Free

Shelnutt, Vesna	41	GAJA	19:39.47
Gibson, Stephanie	43	SPM	21:07.26
Hitchcock, Christina	44	SFTL	21:14.36
Swoch, Sarah	41	SPM	22:50.75
Patton, Celeste	42	SPM	23:01.25
Brettmann, Blair	41	ART	25:13.54

Women 40-44 50 Back

Watson, Mallory	40	SFTL	36.26
Campfort, Christina	44	TYSM	38.50
Plummer, Stephanie	44	UC55	40.64
Swoch, Sarah	41	SPM	41.02
Lorkowski, Jessica	41	GAJA	41.98
Patton, Celeste	42	SPM	42.91
Blomquist, Amanda	40	GSMS	43.32

Women 40-44 100 Back

Vincent, Tiffany	41	PBM	1:15.17
Watson, Mallory	40	SFTL	1:16.45
Swoch, Sarah	41	SPM	1:24.76
Patton, Celeste	42	SPM	1:31.26

Women 40-44 200 Back

Watson, Mallory	40	SFTL	2:49.29
Swoch, Sarah	41	SPM	2:57.73
Patton, Celeste	42	SPM	3:20.87

Women 40-44 50 Breast

Taylor, Sharon	41	TYSM	36.03
O'Leary, Britta	42	GAJA	36.64
Campfort, Christina	44	TYSM	38.16
Dellanoce, Elaine	42	NCMS	41.49
Moyer, Amanda	40	COLM	42.94
Thompson, Christina	42	TYSM	44.10
Woodruff, Janice	40	PBM	44.91
Swoch, Sarah	41	SPM	46.27
Stutz, Kathleen	44	SFTL	47.57
Blomquist, Amanda	40	GSMS	48.22

Women 40-44 100 Breast

O'Leary, Britta	42	GAJA	1:20.26
Campfort, Christina	44	TYSM	1:28.13
Ritter, Jennifer	43	SRA	1:34.48
Dellanoce, Elaine	42	NCMS	1:34.57
Swoch, Sarah	41	SPM	1:41.72
Brettmann, Blair	41	ART	1:42.17
Stutz, Kathleen	44	SFTL	1:46.92

Women 40-44 200 Breast

Taylor, Sharon	41	TYSM	2:53.13
Swoch, Sarah	41	SPM	3:32.02
Brettmann, Blair	41	ART	3:38.99
Stutz, Kathleen	44	SFTL	3:47.94

Women 40-44 50 Fly

Vincent, Tiffany	41	PBM	30.47
O'Leary, Britta	42	GAJA	31.64
Kowalsky, Becky	41	SFTL	32.20
Campfort, Christina	44	TYSM	32.37
Gibson, Stephanie	43	SPM	34.44
Moyer, Amanda	40	COLM	34.60
Ritter, Jennifer	43	SRA	35.93
Dellanoce, Elaine	42	NCMS	36.77
Lorkowski, Jessica	41	GAJA	38.90
Swoch, Sarah	41	SPM	43.45

Women 40-44 100 Fly

Shelnutt, Vesna	41	GAJA	1:08.88
Stutz, Kathleen	44	SFTL	1:34.27
Swoch, Sarah	41	SPM	1:35.76
Gold, Edymar	42	SHARK	2:58.32

Women 40-44 200 Fly

Shelnutt, Vesna	41	GAJA	2:32.49
Moyer, Amanda	40	COLM	3:22.93
Stutz, Kathleen	44	SFTL	3:36.30
Swoch, Sarah	41	SPM	3:37.75
Gold, Edymar	42	SHARK	6:42.18

Women 40-44 200 IM

Hitchcock, Christina	44	SFTL	2:54.37
Ritter, Jennifer	43	SRA	3:00.58
Swoch, Sarah	41	SPM	3:10.66
Stutz, Kathleen	44	SFTL	3:29.37

Women 40-44 400 IM

Shelnutt, Vesna	41	GAJA	5:49.23
Taylor, Sharon	41	TYSM	5:57.22
Swoch, Sarah	41	SPM	6:51.85
Stutz, Kathleen	44	SFTL	7:23.67

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World record

USMS record

Southeast Zone record

Women 45-49 50 Free

Mihalik, Jennifer	47	NCMS	27.83
Stump, Karen	48	NCMS	28.67
King, Ashley	46	SHARK	31.01
Alisangco, Marcie	48	COLM	32.40
Keyser, Elaine	47	UC50	32.49
Nagle, Cynthia	47	NCMS	33.30

Women 45-49 100 Free

Mihalik, Jennifer	47	NCMS	1:00.28
Stump, Karen	48	NCMS	1:04.80
King, Ashley	46	SHARK	1:08.16
Barnard, Maria	45	SFTL	1:08.68
Hassinger, Lori	47	UC14	1:10.66
Keyser, Elaine	47	UC50	1:15.07
Caserio, Christina	46	UC15	1:15.18
Nagle, Cynthia	47	NCMS	1:15.89
Barbosa, Tatiana	47	SFTL	1:21.81
Folger-Bumgarner,	45	NCMS	1:46.93

Women 45-49 200 Free

Enderle, Wendy	49	SMS	2:31.27
King, Ashley	46	SHARK	2:34.77
Alisangco, Marcie	48	COLM	2:42.93
Nagle, Cynthia	47	NCMS	2:47.221
Keyser, Elaine	47	UC50	2:53.82
Downey, Elizabeth	47	SHARK	3:08.78

Women 45-49 400 Free

Enderle, Wendy	49	SMS	5:11.01
Downey, Elizabeth	47	SHARK	6:52.44
Wamsley, Jessica	48	UC45	7:08.27

Women 45-49 50 Back

Enderle, Wendy	49	SMS	34.41
Holland, Irish	46	GAJA	35.96
King, Ashley	46	SHARK	38.89
Barbosa, Tatiana	47	SFTL	43.00
Downey, Elizabeth	47	SHARK	44.63
Keyser, Elaine	47	UC50	44.94

Women 45-49 100 Back

Mihalik, Jennifer	47	NCMS	1:06.94
Holland, Irish	46	GAJA	1:16.14
Enderle, Wendy	49	SMS	1:17.33
Hassinger, Lori	47	UC14	1:25.42
Nagle, Cynthia	47	NCMS	1:28.67

Women 45-49 200 Back

Mihalik, Jennifer	47	NCMS	2:28.65
Enderle, Wendy	49	SMS	2:51.36
Dawson, Vironica	47	NCMS	3:01.98
Barbosa, Tatiana	47	SFTL	3:21.62
Downey, Elizabeth	47	SHARK	3:31.70

Women 45-49 50 Breast

Blackman, Annemieke	49	GAJA	35.07
Stump, Karen	48	NCMS	37.43
King, Ashley	46	SHARK	39.78
Keyser, Elaine	47	UC50	43.23
Barbosa, Tatiana	47	SFTL	47.05
Downey, Elizabeth	47	SHARK	51.23
Wamsley, Jessica	48	UC45	53.56

Women 45-49 100 Breast

King, Ashley	46	SHARK	1:27.40
Nagle, Cynthia	47	NCMS	1:27.76
Alisangco, Marcie	48	COLM	1:35.68
Wamsley, Jessica	48	UC45	1:56.45

Women 45-49 200 Breast

Holland, Irish	46	GAJA	3:07.73
Nagle, Cynthia	47	NCMS	3:14.63
Dawson, Vironica	47	NCMS	3:29.22
Barbosa, Tatiana	47	SFTL	3:38.89
Folger-Bumgarner,	45	NCMS	4:40.26

Women 45-49 50 Fly

Stump, Karen	48	NCMS	28.96
King, Ashley	46	SHARK	31.85
Holland, Irish	46	GAJA	32.14
Sizelove, Erin	48	PALM	32.53
Hassinger, Lori	47	UC14	34.07
Caserio, Christina	46	UC15	37.98
Downey, Elizabeth	47	SHARK	47.46

Women 45-49 100 Fly

Holland, Irish	46	GAJA	1:10.03
Enderle, Wendy	49	SMS	1:13.66
Sizelove, Erin	48	PALM	1:13.82
Alisangco, Marcie	48	COLM	1:22.54

Women 45-49 200 IM

Holland, Irish	46	GAJA	2:41.29
Sizelove, Erin	48	PALM	2:53.06
Alisangco, Marcie	48	COLM	3:03.49
Wamsley, Jessica	48	UC45	3:50.40

Women 45-49 400 IM

Holland, Irish	46	GAJA	5:42.30
Dawson, Vironica	47	NCMS	6:45.71

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Women 50-54 50 Free

Braun, Erika	54	NCMS	28.75
Anderson, Lauren	53	PBM	30.45
Varlas, Melissa	53	SHARK	31.72
Hughes, Suzette	51	SHARK	37.15
Coley, Cheryl	54	SHARK	37.79
Herasymenko, Yaryna	53	SFTL	39.87
Johnson, Erin	51	NCMS	40.56
Law, Amanda	51	NCMS	42.74

Women 50-54 100 Free

Braun, Erika	54	NCMS	1:03.18
Anderson, Lauren	53	PBM	1:08.00
Page, Heather	51	NCMS	1:12.11
Dussliere, Julie	54	SFTL	1:13.26
Hales, Margaret	54	GOLD	1:20.57
Coley, Cheryl	54	SHARK	1:23.40
Hughes, Suzette	51	SHARK	1:25.72
Johnson, Erin	51	NCMS	1:32.12
Law, Amanda	51	NCMS	1:46.47

Women 50-54 200 Free

Braun, Erika	54	NCMS	2:23.06
Dussliere, Julie	54	SFTL	2:36.83
Hales, Margaret	54	GOLD	2:58.31
Coley, Cheryl	54	SHARK	3:08.05
Law, Amanda	51	NCMS	3:36.37

Women 50-54 400 Free

Page, Heather	51	NCMS	5:30.02
Dussliere, Julie	54	SFTL	5:30.69
Hales, Margaret	54	GOLD	6:06.01

Women 50-54 800 Free

Page, Heather	51	NCMS	11:09.83
Dussliere, Julie	54	SFTL	11:48.62
Hales, Margaret	54	GOLD	12:40.75

Women 50-54 1500 Free

Dussliere, Julie	54	SFTL	21:31.97
Hales, Margaret	54	GOLD	24:12.39

Women 50-54 50 Back

Braun, Erika	54	NCMS	35.28
Varlas, Melissa	53	SHARK	37.15
Dussliere, Julie	54	SFTL	40.03
Hughes, Suzette	51	SHARK	45.93
Johnson, Erin	51	NCMS	49.56

Women 50-54 100 Back

Braun, Erika	54	NCMS	1:17.41
Varlas, Melissa	53	SHARK	1:22.27
Dussliere, Julie	54	SFTL	1:27.88
Johnson, Erin	51	NCMS	1:44.04
Herasymenko, Yaryna	53	SFTL	1:52.36

Women 50-54 200 Back

Braun, Erika	54	NCMS	2:50.40
Varlas, Melissa	53	SHARK	2:55.05
Dussliere, Julie	54	SFTL	3:09.42
Hales, Margaret	54	GOLD	3:33.43

Women 50-54 50 Breast

Anderson, Lauren	53	PBM	36.82
Braun, Erika	54	NCMS	39.10
Dussliere, Julie	54	SFTL	44.10
Law, Amanda	51	NCMS	49.64
Hughes, Suzette	51	SHARK	51.00

Women 50-54 100 Breast

Anderson, Lauren	53	PBM	1:22.75
Braun, Erika	54	NCMS	1:26.41
Dussliere, Julie	54	SFTL	1:34.13
Herasymenko, Yaryna	53	SFTL	1:53.64

Women 50-54 200 Breast

Dussliere, Julie	54	SFTL	3:24.80
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Women 50-54 50 Fly

Braun, Erika	54	NCMS	31.64
Varlas, Melissa	53	SHARK	33.19
Anderson, Lauren	53	PBM	33.45
Coley, Cheryl	54	SHARK	47.03

Women 50-54 100 Fly

Varlas, Melissa	53	SHARK	1:18.45
Coley, Cheryl	54	SHARK	1:52.60

Women 50-54 200 IM

Dussliere, Julie	54	SFTL	3:05.73
Hales, Margaret	54	GOLD	3:34.85

Women 50-54 400 IM

Dussliere, Julie	54	SFTL	6:37.71
Hales, Margaret	54	GOLD	7:34.94
Coley, Cheryl	54	SHARK	8:22.62

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Women 55-59 50 Free

Tomley, Patty	59	CMSA	31.40
Hayden, Alison	55	SHARK	32.10
Texel, Paula	56	SPM	32.85
Goldschmidt, Claudia	59	SHARK	33.26
Nelson, Tracy	56	NCMS	33.37
Westerman, Karen	59	SPM	33.50
Good, Tricia	55	SHARK	34.01
LeClair, Dale	57	PBM	34.16
Long, Sharon	56	NCMS	34.66
Cervantes-Mui, Wendy	59	NASH	42.68

Women 55-59 100 Free

Hayden, Alison	55	SHARK	1:09.43
Texel, Paula	56	SPM	1:11.46
Swearingin, Brenda	56	NCMS	1:12.42
Westerman, Karen	59	SPM	1:12.60
LeClair, Dale	57	PBM	1:14.79
Nelson, Tracy	56	NCMS	1:15.31
Goldschmidt, Claudia	59	SHARK	1:15.89
Albee, Laura	57	SPM	1:36.95
Johnson, Elizabeth	57	MASC	1:37.56
Cervantes-Mui, Wendy	59	NASH	1:39.14

Women 55-59 200 Free

Hayden, Alison	55	SHARK	2:29.04
Chubb, Courtney	57	SPM	2:32.04
LeClair, Dale	57	PBM	2:46.44
Goldschmidt, Claudia	59	SHARK	2:48.83
Texel, Paula	56	SPM	2:51.56
West, Terri	59	NCMS	2:54.76
Greene, Dana	57	NCMS	4:23.37

Women 55-59 400 Free

Chubb, Courtney	57	SPM	5:05.18
Hayden, Alison	55	SHARK	5:10.52
Westerman, Karen	59	SPM	5:30.36
Texel, Paula	56	SPM	5:31.23
Good, Tricia	55	SHARK	5:32.46
LeClair, Dale	57	PBM	5:51.80
Goldschmidt, Claudia	59	SHARK	5:58.27
Forgrave, Kristina	56	GSMS	6:00.74

Women 55-59 800 Free

Chubb, Courtney	57	SPM	10:24.71
Hayden, Alison	55	SHARK	10:42.97
Good, Tricia	55	SHARK	11:23.67
LeClair, Dale	57	PBM	12:09.67
Scott, Melissa	56	SFTL	14:14.13
Albee, Laura	57	SPM	15:27.33
Greene, Dana	57	NCMS	21:24.83

Women 55-59 1500 Free

Chubb, Courtney	57	SPM	19:52.59
Goldschmidt, Claudia	59	SHARK	23:27.55
Albee, Laura	57	SPM	29:47.67

Women 55-59 50 Back

Tomley, Patty	59	CMSA	34.67
Texel, Paula	56	SPM	35.94
West, Terri	59	NCMS	36.82
Westerman, Karen	59	SPM	40.12
Johnson, Elizabeth	57	MASC	49.48
Montgomery, Kara	57	UC55	50.31

Women 55-59 100 Back

Tomley, Patty	59	CMSA	1:17.39
Texel, Paula	56	SPM	1:19.51
West, Terri	59	NCMS	1:24.59
Long, Sharon	56	NCMS	1:29.81
Johnson, Elizabeth	57	MASC	1:45.64
Cervantes-Mui, Wendy	59	NASH	2:03.98

Women 55-59 200 Back

Texel, Paula	56	SPM	2:54.08
Tomley, Patty	59	CMSA	2:59.30
Hayden, Alison	55	SHARK	3:00.74
Westerman, Karen	59	SPM	3:02.33
West, Terri	59	NCMS	3:09.35

Women 55-59 50 Breast

Texel, Paula	56	SPM	45.71
Montgomery, Kara	57	UC55	55.57
Cobia, Rachel	58	MASC	55.61
Albee, Laura	57	SPM	55.64

Women 55-59 100 Breast

Swearingin, Brenda	56	NCMS	1:35.14
Cobia, Rachel	58	MASC	1:59.11

Women 55-59 200 Breast

Good, Tricia	55	SHARK	3:25.22
Forgrave, Kristina	56	GSMS	3:51.27

Women 55-59 50 Fly

Tomley, Patty	59	CMSA	33.08
Hayden, Alison	55	SHARK	34.92
Nelson, Tracy	56	NCMS	36.07
West, Terri	59	NCMS	38.17
Albee, Laura	57	SPM	45.30

Women 55-59 100 Fly

Chubb, Courtney	57	SPM	1:16.46
Nelson, Tracy	56	NCMS	1:30.87
Forgrave, Kristina	56	GSMS	1:42.22

Women 55-59 200 Fly

Chubb, Courtney	57	SPM	2:52.78
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Women 55-59 200 IM

Hayden, Alison	55	SHARK	2:53.40
Westerman, Karen	59	SPM	2:58.01
Forgrave, Kristina	56	GSMS	3:21.29
Cobia, Rachel	58	MASC	4:10.86

Women 55-59 400 IM

Hayden, Alison	55	SHARK	6:17.79
Forgrave, Kristina	56	GSMS	7:08.45

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Women 60-64 50 Free

Herrington, Jamie	61	SFTL	32.69
Bostic, Linda Irish	63	PBM	34.67
Wilson, Jamie	60	PALM	34.74
Dore, Mary	63	NCMS	35.78
Spivey, Kelly	63	TYSM	35.91
Kupan, Cheryl	62	SPM	35.98
Breaux, Mary	60	UC24	45.37

Women 60-64 100 Free

Vazquez, Maria	61	NCMS	1:10.11
Herrington, Jamie	61	SFTL	1:14.63
Dore, Mary	63	NCMS	1:14.70
Guilfoyle, Kimberly	62	VMAS	1:14.70
Bostic, Linda Irish	63	PBM	1:15.78
Zipf, Mandy	61	TTM	1:20.16
Kupan, Cheryl	62	SPM	1:21.80
Giesecking, E	60	GMAC	1:25.00
Spivey, Kelly	63	TYSM	1:29.72
Breaux, Mary	60	UC24	1:42.55

Women 60-64 200 Free

Dore, Mary	63	NCMS	2:46.42
Bostic, Linda Irish	63	PBM	2:47.46
Kupan, Cheryl	62	SPM	3:07.17
Spivey, Kelly	63	TYSM	3:11.07
Bennett, Sarah	63	SFTL	3:22.19
Breaux, Mary	60	UC24	3:47.41

Women 60-64 400 Free

Dore, Mary	63	NCMS	5:42.12
Herrington, Jamie	61	SFTL	5:52.54
Guilfoyle, Kimberly	62	VMAS	6:06.28
Kupan, Cheryl	62	SPM	6:16.05
Giesecking, E	60	GMAC	6:28.91
Spivey, Kelly	63	TYSM	6:40.98
Bennett, Sarah	63	SFTL	7:22.05

Women 60-64 800 Free

Dore, Mary	63	NCMS	11:54.25
Guilfoyle, Kimberly	62	VMAS	12:24.05
Kupan, Cheryl	62	SPM	12:48.61
Bostic, Linda Irish	63	PBM	12:51.25

Women 60-64 1500 Free

Dore, Mary	63	NCMS	22:30.66
Guilfoyle, Kimberly	62	VMAS	23:17.10
Kupan, Cheryl	62	SPM	24:17.96

Women 60-64 50 Back

Kupan, Cheryl	62	SPM	44.73
Spivey, Kelly	63	TYSM	46.93
Updyke, Lisa	64	GSMS	47.15
Bennett, Sarah	63	SFTL	58.15

Women 60-64 100 Back

Vazquez, Maria	61	NCMS	1:19.47
Kupan, Cheryl	62	SPM	1:36.40
Giesecking, Elizabeth	60	GMAC	1:37.15
Updyke, Lisa	64	GSMS	1:46.69
Bennett, Sarah	63	SFTL	2:01.64

Women 60-64 200 Back

Vazquez, Maria	61	NCMS	2:51.07
Kupan, Cheryl	62	SPM	3:24.94
Giesecking, Elizabeth	60	GMAC	3:28.54
Updyke, Lisa	64	GSMS	3:48.39
Krugman, Elaine	64	ARP	4:09.35
Bennett, Sarah	63	SFTL	4:21.40

Women 60-64 50 Breast

Wilson, Jamie	60	PALM	47.43
Zipf, Mandy	61	TTM	47.92
Misiak, Sarah	61	COAST	50.03
Kupan, Cheryl	62	SPM	52.30
Dore, Mary	63	NCMS	53.08
Breaux, Mary	60	UC24	54.83
Bennett, Sarah	63	SFTL	57.63

Women 60-64 100 Breast

Vazquez, Maria	61	NCMS	1:33.72
Wilson, Jamie	60	PALM	1:43.72
Misiak, Sarah	61	COAST	1:47.55
Kupan, Cheryl	62	SPM	1:54.65
Bennett, Sarah	63	SFTL	2:01.96
Updyke, Lisa	64	GSMS	2:02.48
Breaux, Mary	60	UC24	2:03.78

Women 60-64 200 Breast

Zipf, Mandy	61	TTM	3:43.74
Misiak, Sarah	61	COAST	3:58.93
Kupan, Cheryl	62	SPM	4:07.01
Updyke, Lisa	64	GSMS	4:24.27
Breaux, Mary	60	UC24	4:34.03
Bennett, Sarah	63	SFTL	4:35.20
Krugman, Elaine	64	ARP	4:35.97

Women 60-64 50 Fly

Dore, Mary	63	NCMS	41.16
Misiak, Sarah	61	COAST	45.88
Spivey, Kelly	63	TYSM	46.30
Kupan, Cheryl	62	SPM	49.64
Updyke, Lisa	64	GSMS	54.28
Breaux, Mary	60	UC24	1:00.31

Women 60-64 100 Fly

Dore, Mary	63	NCMS	1:33.18
Misiak, Sarah	61	COAST	1:42.97
Kupan, Cheryl	62	SPM	1:52.13

Women 60-64 200 Fly

Dore, Mary	63	NCMS	3:32.93
Misiak, Sarah	61	COAST	4:00.44
Kupan, Cheryl	62	SPM	4:07.87
Wilson, Jamie	60	PALM	4:13.70

Women 60-64 200 IM

Vazquez, Maria	61	NCMS	2:55.30
Dore, Mary	63	NCMS	3:19.73
Zipf, Mandy	61	TTM	3:22.54
Kupan, Cheryl	62	SPM	3:24.68
Giesecking, Elizabeth	60	GMAC	3:32.07
Bennett, Sarah	63	SFTL	3:55.01
Breaux, Mary	60	UC24	4:26.28
Krugman, Elaine	64	ARP	4:34.44

Women 60-64 400 IM

Vazquez, Maria	61	NCMS	6:23.61
Kupan, Cheryl	62	SPM	7:28.86
Wilson, Jamie	60	PALM	7:52.51
Breaux, Mary	60	UC24	9:21.99
Krugman, Elaine	64	ARP	9:42.83

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Women 65-69 50 Free

Palace, Kelly Parker	65	UC14	31.76
Lachney, Fay	65	SHARK	34.44
Gray, Jami	68	SHARK	34.61
Early, Marilyn	69	SHARK	36.03
Rohm, Kim	66	SHARK	38.18
Attin Neville, Debra	67	SFTL	38.42
Fedako, Cathy	65	SHARK	38.90
Graham, Patricia	69	COLM	39.59
Henley, Cynthia	68	SFTL	41.69
Ramsey, Lonna	67	NCMS	43.97

Women 65-69 100 Free

Palace, Kelly Parker	65	UC14	1:08.87
Lachney, Fay	65	SHARK	1:12.59
Gray, Jami	68	SHARK	1:21.00
Rohm, Kim	66	SHARK	1:23.97
Henley, Cynthia	68	SFTL	1:38.99
Graham, Patricia	69	COLM	1:40.04
Ramsey, Lonna	67	NCMS	1:51.47
Montgomery, Victoria	66	UC55	1:53.73
Seitz, Jolene	65	SCHH	1:57.48
Williams, Sue	66	NCMS	2:41.15

Women 65-69 200 Free

Palace, Kelly Parker	65	UC14	2:29.56
Lachney, Fay	65	SHARK	2:35.69
Rohm, Kim	66	SHARK	3:09.99
Gatto, Caroline	66	SFTL	4:08.13
Seitz, Jolene	65	SCHH	4:11.96
Ingold, Barbara	67	ARP	4:15.00
Coleman, DeLise	65	GAJA	4:27.67
Williams, Sue	66	NCMS	5:42.02

Women 65-69 400 Free

Palace, Kelly Parker	65	UC14	5:09.26
Lachney, Fay	65	SHARK	5:19.38
Castro, Leticia	66	GOLD	5:53.66
Rohm, Kim	66	SHARK	6:32.44
Gatto, Caroline	66	SFTL	8:26.22
Coleman, DeLise	65	GAJA	8:51.39
Seitz, Jolene	65	SCHH	8:52.74
Ingold, Barbara	67	ARP	8:59.26

Women 65-69 800 Free

Palace, Kelly Parker	65	UC14	10:42.21
Lachney, Fay	65	SHARK	10:57.27
Castro, Leticia	66	GOLD	11:55.16
Rohner, Patricia	67	NCMS	12:17.50
Coleman, DeLise	65	GAJA	18:25.27
Chin-Ogilvie, Adrienne	66	SFTL	19:08.52

Women 65-69 1500 Free

Palace, Kelly	65	UC14	20:19.05
Castro, Leticia	66	GOLD	23:00.06
Rohner, Patricia	67	NCMS	23:14.72
Ingold, Barbara	67	ARP	35:17.85

Women 65-69 50 Back

Palace, Kelly Parker	65	UC14	39.02
Early, Marilyn	69	SHARK	45.44
Rohm, Kim	66	SHARK	50.44
Ingold, Barbara	67	ARP	56.89
Graham, Patricia	69	COLM	57.81
Henley, Cynthia	68	SFTL	58.47
Montgomery, Victoria	66	UC55	1:01.33
Seitz, Jolene	65	SCHH	1:06.81
Gatto, Caroline	66	SFTL	1:15.11
Williams, Susan	66	NCMS	1:28.15

Women 65-69 100 Back

Early, Marilyn	69	SHARK	1:36.78
Williams, Susan	66	NCMS	3:06.10

Women 65-69 200 Back

Early, Marilyn	69	SHARK	3:26.66
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Women 65-69 50 Breast

Palace, Kelly Parker	65	UC14	43.21
Henley, Cynthia	68	SFTL	53.41
Graham, Patricia	69	COLM	57.14
Wheeler, Beth	65	NCMS	58.17
Ramsey, Lonna	67	NCMS	58.36
Harrison, Ellen	65	ARP	1:01.96
Gatto, Caroline	66	SFTL	1:02.29
Ingold, Barbara	67	ARP	1:06.74

Women 65-69 100 Breast

Palace, Kelly Parker	65	UC14	1:34.44
Henley, Cynthia	68	SFTL	2:02.91
Ramsey, Lonna	67	NCMS	2:09.75
Wheeler, Beth	65	NCMS	2:17.06

Women 65-69 200 Breast

Palace, Kelly Parker	65	UC14	3:25.08
Chin-Ogilvie, Adrienne	66	SFTL	5:05.45

Women 65-69 50 Fly

Lachney, Fay	65	SHARK	38.46
Gray, Jami	68	SHARK	38.55
Palace, Kelly Parker	65	UC14	38.98
Attin Neville, Debra	67	SFTL	48.99
Henley, Cynthia	68	SFTL	51.82

Women 65-69 100 Fly

Palace, Kelly Parker	65	UC14	1:26.25
Lohrbach, Claire	67	LG	2:06.42

Women 65-69 200 Fly

Castro, Leticia	66	GOLD	3:23.85
Palace, Kelly Parker	65	UC14	3:33.55
Lohrbach, Claire	67	LG	5:18.57

Women 65-69 200 IM

Palace, Kelly Parker	65	UC14	2:56.17
Lohrbach, Claire	67	LG	4:22.15

Women 65-69 400 IM

Palace, Kelly Parker	65	UC14	6:17.82
Castro, Leticia	66	GOLD	6:53.96
Lohrbach, Claire	67	LG	10:01.51

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Women 70-74 50 Free

Noyes, Penny	72	GAJA	30.81
Falcigno, Pamela	71	SFTL	36.63
Fulton, Linda	74	LMSC	36.97
Smith, Cynthia	73	SCHH	39.85
Protzman, Barbara	72	GOLD	39.99
Watts, Sue	72	SHARK	40.14
Walsh, Ruth	72	SFTL	54.06

Women 70-74 100 Free

Noyes, Penny	72	ENSW	1:11.54
Nevid, Nancy	71	SHARK	1:22.51
Neary, Donna	71	PBM	1:23.64
Protzman, Barbara	72	GOLD	1:30.64
Smith, Cynthia	73	SCHH	1:32.74

Women 70-74 200 Free

McDonnell, Peggy	71	GOLD	2:56.12
Protzman, Barbara	72	GOLD	3:20.81
Watts, Sue	72	SHARK	3:22.97
Noyes, Penny	72	GAJA	3:48.45
Harrelson, Jo Ann	70	SPM	3:58.32
Navaroli, Davenia	74	CAM	6:18.17

Women 70-74 400 Free

Einsidler, Karen	70	SHARK	5:49.69
McDonnell, Peggy	71	GOLD	6:04.32
Falcigno, Pamela	71	SFTL	7:00.86
Protzman, Barbara	72	GOLD	7:03.03
Watts, Sue	72	SHARK	7:06.38
Harrelson, Jo Ann	70	SPM	8:07.43
Navaroli, Davenia	74	CAM	12:28.93

Women 70-74 800 Free

Einsidler, Karen	70	SHARK	11:58.42
McDonnell, Peggy	71	GOLD	12:25.70
LaFountain, Darcy	71	SFTL	13:45.90
Noyes, Penny	72	GAJA	14:47.52
Larson, Linda	71	SFTL	15:24.22
Harrelson, Jo Ann	70	SPM	15:53.59

Women 70-74 1500 Free

McDonnell, Peggy	71	GOLD	23:44.65
LaFountain, Darcy	71	SFTL	25:57.81
Harrelson, Jo Ann	70	SPM	30:23.98

Women 70-74 50 Back

Noyes, Penny	72	ENSW	38.40
Fulton, Linda	74	LMSC	42.33
McDonnell, Peggy	71	GOLD	44.35
Einsidler, Karen	70	SHARK	45.31
Neary, Donna	71	PBM	45.38
Falcigno, Pamela	71	SFTL	46.72
Larson, Linda	71	SFTL	47.38
Smith, Cynthia	73	SCHH	51.65

Women 70-74 100 Back

Noyes, Penny	72	ENSW	1:25.87
Fulton, Linda	74	LMSC	1:31.65
Einsidler, Karen	70	SHARK	1:36.56
McDonnell, Peggy	71	GOLD	1:39.06
Larson, Linda	71	SFTL	1:41.17
Harrelson, Jo Ann	70	SPM	2:17.49

Women 70-74 200 Back

Noyes, Penny	72	GAJA	3:09.90
Steadman Martin, Nancy	72	SPM	3:10.69
Fulton, Linda	74	LMSC	3:18.02
Einsidler, Karen	70	SHARK	3:25.50
McDonnell, Peggy	71	GOLD	3:31.22
Larson, Linda	71	SFTL	3:38.38
Harrelson, Jo Ann	70	SPM	4:37.02

Women 70-74 50 Breast

Neary, Donna	71	PBM	49.13
Noyes, Penny	72	ENSW	51.33
McDonnell, Peggy	71	GOLD	51.78
Moak, Mary	70	PBM	51.99
Falcigno, Pamela	71	SFTL	52.50
Smith, Cynthia	73	SCHH	1:01.00
Walsh, Ruth	72	SFTL	1:06.80

Women 70-74 100 Breast

Moak, Mary	70	PBM	1:57.09
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Women 70-74 200 Breast

Dennis, Martha	74	LMSC	6:00.98
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Women 70-74 50 Fly

Noyes, Penny	72	GAJA	34.01
Falcigno, Pamela	71	SFTL	44.41
Smith, Cynthia	73	SCHH	49.08
Harrelson, Jo Ann	70	SPM	1:07.26

Women 70-74 100 Fly

Noyes, Penny	72	ENSW	1:24.78
Falcigno, Pamela	71	SFTL	1:46.00
Nevid, Nancy	71	SHARK	1:48.76
Harrelson, Jo Ann	70	SPM	2:23.18
Larson, Linda	71	SFTL	2:31.86
Dennis, Martha	74	LMSC	2:50.64

Women 70-74 200 Fly

Noyes, Penny	72	ENSW	3:24.53
Steadman Martin, Nancy	72	SPM	3:26.85
Nevid, Nancy	71	SHARK	3:54.33
Falcigno, Pamela	71	SFTL	4:27.39
Harrelson, Jo Ann	70	SPM	4:48.59
Larson, Linda	71	SFTL	5:23.02
Dennis, Martha	74	LMSC	5:43.36

Women 70-74 200 IM

Steadman Martin, Nancy	72	SPM	3:21.27
Nevid, Nancy	71	SHARK	3:40.04
Protzman, Barbara	72	GOLD	3:56.39
Watts, Sue	72	SHARK	3:56.53
Larson, Linda	71	SFTL	4:21.76
Harrelson, Jo Ann	70	SPM	4:23.20
Dennis, Martha	74	LMSC	4:57.39

Women 70-74 400 IM

Steadman Martin, Nancy	72	SPM	6:52.02
Einsidler, Karen	70	SHARK	7:19.30
Nevid, Nancy	71	SHARK	7:53.24
Protzman, Barbara	72	GOLD	8:33.17
Watts, Sue	72	SHARK	8:40.68
Larson, Linda	71	SFTL	9:03.06
Harrelson, Jo Ann	70	SPM	9:19.27
Dennis, Martha	74	LMSC	10:14.50

16 Sep 2026

2026 Southeast Zone LCM Top 10 Women

World record

USMS record

Southeast Zone record

Women 75-79 50 Free

Lyman, Carolyn	76	SFTL	43.65
Martin, Michelle	77	SFTL	49.92
Dolezal, Beverly	75	PBM	54.34
Nelson, Audrey	79	SCHH	1:05.61

Women 75-79 100 Free

Korsedal, Susan	76	LOCO	1:25.81
Barry, Marcia	78	NCMS	1:34.39
Carson, June	78	SHARK	1:36.32
Lyman, Carolyn	76	SFTL	1:38.21
Mitchell, Carol	77	SHARK	1:58.33
Nelson, Audrey	79	SCHH	2:22.78

Women 75-79 200 Free

McCloskey, Cecilia	76	SFTL	3:01.43
Barry, Marcia	78	NCMS	3:21.45
Carson, June	78	SHARK	3:40.33
Mitchell, Carol	77	SHARK	4:13.26

Women 75-79 400 Free

Barry, Marcia	78	NCMS	6:51.26
Korsedal, Susan	76	LOCO	7:06.06
Lyman, Carolyn	76	SFTL	7:08.61
Carson, June	78	SHARK	7:38.70
Mitchell, Carol	77	SHARK	8:48.99

Women 75-79 1500 Free

Lyman, Carolyn	76	SFTL	27:42.86
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Women 75-79 50 Back

McCloskey, Cecilia	76	SFTL	39.66
Dolezal, Beverly	75	PBM	1:06.58
Nelson, Audrey	79	SCHH	1:13.21

Women 75-79 100 Back

McCloskey, Cecilia	76	SFTL	1:27.73
Barry, Marcia	78	NCMS	1:49.55
Lyman, Carolyn	76	SFTL	1:53.42
Nelson, Audrey	79	SCHH	2:46.31

Women 75-79 200 Back

Mitchell, Carol	77	SHARK	5:05.12
Nelson, Audrey	79	SCHH	5:43.25

Women 75-79 50 Breast

Dolezal, Beverly	75	PBM	1:17.57
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Women 75-79 100 Breast

Korsedal, Susan	76	LOCO	2:05.89
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Women 75-79 200 Breast

Korsedal, Susan	76	LOCO	4:34.16
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Women 75-79 50 Fly

Martin, Michelle	77	SFTL	1:02.43
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Women 75-79 100 Fly

Martin, Michelle	77	SFTL	2:15.09
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Women 75-79 200 Fly

Martin, Michelle	77	SFTL	5:22.43
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Women 75-79 200 IM

Martin, Michelle	77	SFTL	5:08.10
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Women 75-79 400 IM

Lyman, Carolyn	76	SFTL	9:12.84
Martin, Michelle	77	SFTL	10:04.55

16 Sep 2026

2026 Southeast Zone LCM Top 10 Women

World record

USMS record

Southeast Zone record

Women 80-84 50 Free

Uustal, Diann	80	SHARK	37.77
Webb, Linda	81	SFTL	42.05
Roark, Frances	80	AMS	54.39

Women 80-84 100 Free

Uustal, Diann	80	SHARK	1:24.87
Webb, Linda	81	SFTL	1:39.31
Roark, Frances	80	AMS	2:05.91

Women 80-84 200 Free

Uustal, Diann	80	SHARK	3:11.00
Webb, Linda	81	SFTL	3:45.07
Roark, Frances	80	AMS	4:44.87
Tullie, Ann	81	SCHH	5:40.62

Women 80-84 400 Free

Webb, Linda	81	SFTL	7:58.61
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Women 80-84 1500 Free

Foley,Carolynn	83	PBM	47:59.05
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Women 80-84 50 Back

Uustal, Diann	80	SHARK	44.13
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Women 80-84 100 Back

Uustal, Diann	80	SHARK	1:35.01
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Women 80-84 200 Back

Uustal, Diann	80	SHARK	3:37.27
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Women 80-84 50 Breast

Webb, Linda	81	SFTL	56.26
Roark, Frances	80	AMS	1:21.20

Women 80-84 100 Breast

Webb, Linda	81	SFTL	2:10.79
Roark, Frances	80	AMS	2:44.65
Tullie, Ann	81	SCHH	3:55.97

Women 80-84 200 Breast

Roark, Frances	80	AMS	6:05.67
Tullie, Ann	81	SCHH	8:05.92

Women 80-84 50 Fly

Webb, Linda	81	SFTL	52.99
Tullie, Ann	81	SCHH	2:14.24

Women 80-84 200 IM

Tullie, Ann	81	SCHH	7:05.81
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