

1 Jan 2021

2020 Southeast Zone SCM Top 10 Relays

World record **USMS record** **Southeast Zone record**

Women

200 Free Relay

120-159

2:06.42 SHARK Promchitmart, Onshalee 28 Fried, Brittany 23 Aten, Rebecca 44 Keller, Bridget 50

200-239

2:14.74 SHARK Stewart, Ann 50 Bennett, Ellen 57 Fedako, Cathy 59 Einsidler, Karen 64

280-319

3:10.03 SHARK Kryka, Nancy 65 Mitchell, Carol 71 Miller, Jan 77 Carson, June 72

200 Medley Relay

160-199

2:19.00 SHARK Stewart, Ann 50 Keiber, Casey 43 Varlas, Melissa 47 Varnell, Laurel 29

200-239

2:34.13 SHARK Campbell, Holly 59 Dombrowski, Andrea 53 Ritter, Jennifer 37 Einsidler, Karen 64

240-279

3:20.93 SHARK Gilligan, Chris 77 Guins, Ann 67 Fried, Brittany 23 Miller, Jan 77

280-319

3:02.34 SHARK Uustal, Diann 74 Carson, June 72 Kryka, Nancy 65 Mitchell, Carol 71

400 Free Relay

72-99

4:36.67 PALM Stone, Delaney 24 Vanderpool, Sophia 19 Savage, Chelsea 22 Breaux, Sarah 33

160-199

4:19.59 PALM Ballard, Jessica 32 Bruce, Stacey 46 Zazella, Jamie 44 Moro, Erin 42

4:54.91 NCMS Uhl, Alicia 43 Collins, Margaret 57 Wolff, Celia 54 Stump, Karen 42

200-239

5:10.56 PALM De Herder, Elizabeth 62 Gasparovic, Kimberly 33 Elias, Maria 56 Francis, Susan 67

240-279

6:57.70 SHARK Ritter, Jennifer 37 Guins, Ann 67 Mitchell, Carol 71 Miller, Jan 77

400 Medley Relay

120-159

4:59.45 PALM Breaux, Sarah 33 McCaskill, Tara 19 Moro, Erin 42 Ballard, Jessica 32

160-199

5:17.53 SHARK Stewart, Ann 50 Fried, Brittany 23 Varlas, Melissa 47 Keller, Bridget 50

1 Jan 2021

2020 Southeast Zone SCM Top 10 Relays
World record
USMS record
Southeast Zone record
Men**200 Free Relay****160-199**

1:55.38	NCMS	Nguyen, Sonny	41	Dunson, David	48	Hall, Seth	39	Dallamura, Scott	42
---------	------	---------------	----	---------------	----	------------	----	------------------	----

200-239

1:49.14	SHARK	Groselle, Jack	66	Schwartz, Jason	45	Perez, Arnaldo	58	Jarr, Scott	53
---------	-------	----------------	----	-----------------	----	----------------	----	-------------	----

240-279

2:21.59	SHARK	Martin, Jack	69	Bergquist, Michael	64	Burke, John	68	Matysek, Jim	61
---------	-------	--------------	----	--------------------	----	-------------	----	--------------	----

280-319

2:19.07	SHARK	Couch, Bob	73	Cornell, Tom	73	Walker, Rick	70	Claridge, Don	75
---------	-------	------------	----	--------------	----	--------------	----	---------------	----

3:06.69	SHARK	Weigand, Tom	63	Laux, Michael	79	Oakes, David	80	Mitchell, Jack	81
---------	-------	--------------	----	---------------	----	--------------	----	----------------	----

200 Medley Relay**160-199**

2:01.51	SHARK	Clissold, Edward	46	Cullen, Eric	34	Schwartz, Jason	45	Johnson, Shawn	41
---------	-------	------------------	----	--------------	----	-----------------	----	----------------	----

2:08.16	NCMS	Hall, Seth M	39	Dunson, David	48	Dallamura, Scott	42	Nguyen, Sonny	41
---------	------	--------------	----	---------------	----	------------------	----	---------------	----

240-279

2:08.00	SHARK	Perez, Arnaldo	58	Matysek, Jim	61	Boatright, Jeffrey	67	Groselle, Jack	66
---------	-------	----------------	----	--------------	----	--------------------	----	----------------	----

2:38.64	SHARK	Fong, Jonathan	56	Soderstrom, Jan	75	Paulling, Daniel	34	Claridge, Don	75
---------	-------	----------------	----	-----------------	----	------------------	----	---------------	----

280-319

2:46.29	SHARK	Couch, Bob	73	Walker, Rick	70	Cornell, Tom	73	Burke, John	68
---------	-------	------------	----	--------------	----	--------------	----	-------------	----

320-359

4:04.54	SHARK	Oakes, David	80	Laux, Michael	79	Hollander, Martin	81	Mitchell, Jack	81
---------	-------	--------------	----	---------------	----	-------------------	----	----------------	----

400 Free Relay**120-159**

4:18.91	PALM	Sites, Tyler	29	Malik, Michael	39	Thaler, Daniel	33	Craig, Eric	29
---------	------	--------------	----	----------------	----	----------------	----	-------------	----

160-199

4:29.14	PALM	Maki, Robert	39	Fernandez, Stephen	44	Perry, Andrew	52	Savage, Steve	53
---------	------	--------------	----	--------------------	----	---------------	----	---------------	----

5:20.34	NCMS	Nguyen, Sonny	41	Dunson, David	48	Hall, Seth	39	Miller, Jamie	66
---------	------	---------------	----	---------------	----	------------	----	---------------	----

200-239

4:18.61	SHARK	Schwartz, Jason	45	Bokorney, Mark	56	Matysek, Jim	61	Johnson, Shawn	41
---------	-------	-----------------	----	----------------	----	--------------	----	----------------	----

5:07.56	NCMS	Nguyen, Sonny	41	Denison, Paul	63	Moore, John	58	Ruff, David	60
---------	------	---------------	----	---------------	----	-------------	----	-------------	----

5:27.56	PALM	Gonzalez-Pereyra, Nestor	47	Schalles, Dwayne	55	Parler, David	64	Frاندino, Philip	63
---------	------	--------------------------	----	------------------	----	---------------	----	------------------	----

240-279

4:09.69	SHARK	Groselle, Jack	66	Clissold, Edward	46	Walker, Rick	70	Perez, Arnaldo	58
---------	-------	----------------	----	------------------	----	--------------	----	----------------	----

5:09.62	SHARK	Couch, Bob	73	Fong, Jonathan	56	Liles, Steve	53	Claridge, Don	75
---------	-------	------------	----	----------------	----	--------------	----	---------------	----

5:11.18	PALM	Burkholder, Kirby	59	Buck, Billy	59	Beardmore, Roger	69	Brzezinski, Jay	73
---------	------	-------------------	----	-------------	----	------------------	----	-----------------	----

280-319

7:26.10	SHARK	Laux, Michael	79	Hollander, Martin	81	Mitchell, Jack	81	Burke, John	68
---------	-------	---------------	----	-------------------	----	----------------	----	-------------	----

7:39.24	LOCO	Semyonov, Vladislav	51	Jennings, David	73	Thomas, Wallace	72	Palmer, Pete	85
---------	------	---------------------	----	-----------------	----	-----------------	----	--------------	----

400 Medley Relay**120-159**

4:41.84	PALM	Rieder, David	26	Sites, Tyler	29	Savage, Steve	53	Thaler, Daniel	33
---------	------	---------------	----	--------------	----	---------------	----	----------------	----

160-199

5:58.12	NCMS	Nguyen, Sonny	41	Dunson, David	48	Hall, Seth	39	Miller, Jamie	66
---------	------	---------------	----	---------------	----	------------	----	---------------	----

200-239

4:41.42	SHARK	Clissold, Edward	46	Mench, Edward	54	Perez, Arnaldo	58	Jarr, Scott	53
---------	-------	------------------	----	---------------	----	----------------	----	-------------	----

5:43.02	PALM	Burkholder, Kirby	59	Frاندino, Philip	63	Malik, Michael	39	Buck, Billy	59
---------	------	-------------------	----	------------------	----	----------------	----	-------------	----

800 Free Relay**240-279**

8:51.11	SHARK	Groselle, Jack	66	Jarr, Scott	53	Walker, Rick	70	Perez, Arnaldo	58
---------	-------	----------------	----	-------------	----	--------------	----	----------------	----

1 Jan 2021

2020 Southeast Zone SCM Top 10 Relays**World record** **USMS record** **Southeast Zone record****Mixed****200 Free Relay****120-159**

1:56.96 SHARK Cullen, Eric 34 Paulling, Daniel 34 Varnell, Laurel 29 Fried, Brittany 23

160-199

2:04.36 NCMS Congdon, Heather 42 Kertesz, Kristof 27 Stutz, Kathleen 38 Hendrick, Marty 62

200-239

1:57.08 SHARK Groselle, Jack 66 Johnson, Shawn 41 Stewart, Ann 50 Varlas, Melissa 47

2:06.05 SHARK Perez, Arnaldo 58 Bokorney, Mark 56 Ritter, Jennifer 37 Dombrowski, Andrea 53

240-279

2:13.29 SHARK Clissold, Edward 46 Martin, Jack 69 Guins, Ann 67 Einsidler, Karen 64

3:08.93 SHARK Liles, Steve 53 Gosart, James 66 Mitchell, Carol 71 Miller, Jan 77

280-319

2:13.95 SHARK Couch, Bob 73 Walker, Rick 70 Carson, June 72 Kryka, Nancy 65

200 Medley Relay**160-199**

2:09.26 SHARK Clissold, Edward 46 Keiber, Casey 43 Varlas, Melissa 47 Jarr, Scott 53

200-239

2:00.03 NCMS Klein, Jonathan 63 Dunn, Sara 48 Dallamura, Scott 42 Braun, Erika 48

2:16.59 SHARK Mench, Edward 54 Matysek, Jim 61 Stewart, Ann 50 Keller, Bridget 50

2:17.03 NCMS McCloskey, Cecilia 70 Kertesz, Kristof 27 Congdon, Heather 42 Hendrick, Marty 62

240-279

2:41.12 SHARK Einsidler, Karen 64 Sjoberg, Darryl 75 Couch, Bob 73 Promchitmart, Onshalee 28

280-319

2:24.06 SHARK Uustal, Diann 74 Walker, Rick 70 Groselle, Jack 66 Carson, June 72

400 Free Relay**72-99**

4:24.61 PALM Brzezinski, Carter 22 Rieder, David 26 McCaskill, Tara 19 Jones, Skylar 27

120-159

4:35.80 PALM Thaler, Daniel 33 Breaux, Sarah 33 Gasparovic, Kimberly 33 Sites, Tyler 29

160-199

5:28.24 PALM Gonzalez-Pereyra, Nestor 47 Seif, Gretchen 50 Schalles, Dwayne 55 Bruce, Stacey 46

200-239

4:27.32 SHARK Jarr, Scott 53 Perez, Arnaldo 58 Aten, Rebecca 44 Varlas, Melissa 47

240-279

4:55.70 SHARK Matysek, Jim 61 Couch, Bob 73 Fedako, Cathy 59 Einsidler, Karen 64

5:09.28 PALM Francis, Susan 67 Frandino, Philip 63 De Herder, Elizabeth 62 Savage, Steve 53

280-319

8:31.61 SHARK Laux, Michael 79 Mitchell, Carol 71 Miller, Jan 77 Mitchell, Jack 81

400 Medley Relay**72-99**

4:39.82 PALM Sites, Tyler 29 McCaskill, Tara 19 Savage, Chelsea 22 Craig, Eric 29

160-199

4:37.08 PALM Ballard, Jessica 32 Thaler, Daniel 33 Moro, Erin 42 Savage, Steve 53

200-239

4:26.88 NCMS Klein, Jonathan 63 Dunn, Sara 48 Dallamura, Scott 42 Braun, Erika 48

5:27.78 PALM Burkholder, Kirby 59 Elias, Maria 56 Harriman, Sarah 37 Perry, Andrew 52

240-279

5:25.09 SHARK Einsidler, Karen 64 Matysek, Jim 61 Aten, Rebecca 44 Couch, Bob 73

280-319

5:29.23 SHARK Uustal, Diann 74 Walker, Rick 70 Groselle, Jack 66 Carson, June 72

800 Free Relay**200-239**

9:44.21 SHARK Schwartz, Jason 45 Aten, Rebecca 44 Matysek, Jim 61 Stewart, Ann 50