

## 2019 Good Life Games - 3/9/2019

## Results - Saturday

**Women 50-54 200 LC Meter Freestyle**

1	Januszewski, Cindy	53	Unattached	3:21.99
	1:38.51	3:21.99		

**Women 50-54 400 LC Meter Freestyle**

1	Westerman, Karen	52	Unattached	5:34.14
	1:18.35	2:43.68	4:09.87	5:34.14
2	Januszewski, Cindy	53	Unattached	7:01.73
	1:41.02	3:29.61	5:19.42	7:01.73

**Women 50-54 50 LC Meter Backstroke**

1	Westerman, Karen	52	Unattached	1:31.89
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**Women 50-54 100 LC Meter Backstroke**

1	Westerman, Karen	52	Unattached	1:23.91
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**Women 50-54 100 LC Meter Breaststroke**

1	Januszewski, Cindy	53	Unattached	2:04.07
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**Women 50-54 100 LC Meter Butterfly**

1	Januszewski, Cindy	53	Unattached	2:06.70
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**Women 50-54 200 LC Meter Butterfly**

1	Westerman, Karen	52	Unattached	3:09.95
	1:29.31	3:09.95		
2	Elliott, Daphne	51	Unattached	3:37.15
	1:43.67	3:37.15		

**Women 50-54 200 LC Meter IM**

1	Januszewski, Cindy	53	Unattached	3:55.66
	1:54.07	3:55.66		

**Women 50-54 400 LC Meter IM**

1	Westerman, Karen	52	Unattached	6:32.12
	1:33.12	3:08.79	5:07.35	6:32.12
2	Januszewski, Cindy	53	Unattached	8:20.28
	2:01.87	4:15.55	6:35.70	8:20.28

**Women 55-59 100 LC Meter Freestyle**

1	Kupan, Cheryl	55	Unattached	1:18.96
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**Women 55-59 200 LC Meter Freestyle**

1	Kupan, Cheryl	55	Unattached	2:50.02
	1:24.02	2:50.02		
2	Boque, Sherri	55	Unattached	4:50.77
	2:19.60	4:50.77		

**Women 55-59 400 LC Meter Freestyle**

1	Boque, Sherri	55	Unattached	10:28.90
	2:27.05	5:07.02	7:49.73	10:28.90

**Women 55-59 100 LC Meter Backstroke**

1	Kupan, Cheryl	55	Unattached	1:31.94
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**Women 55-59 200 LC Meter Backstroke**

1	Kupan, Cheryl	55	Unattached	3:13.69
	1:36.32	3:13.69		

**Women 55-59 50 LC Meter Breaststroke**

1	Kupan, Cheryl	55	Unattached	48.39
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**Women 55-59 50 LC Meter Butterfly**

1	Kupan, Cheryl	55	Unattached	39.88
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**Women 60-64 50 LC Meter Freestyle**

1	Kryka, Nancy	64	Unattached	34.85
2	Gipson, Martha	64	Unattached	40.50
3	Moucha, Sue	61	Unattached	1:28.37

**Women 60-64 100 LC Meter Freestyle**

1	Gipson, Martha	64	Unattached	1:30.94
2	Moucha, Sue	61	Unattached	3:01.72

**Women 60-64 200 LC Meter Freestyle**

1	Moucha, Sue	61	Unattached	5:50.44
	2:48.40	5:50.44		

**Women 60-64 400 LC Meter Freestyle**

1	McNulty, Barbara	62	Unattached	6:19.84
	1:33.60	3:10.62	4:46.32	6:19.84
2	Gipson, Martha	64	Unattached	6:59.17
	1:37.20	3:26.52	5:15.34	6:59.17

**Women 60-64 50 LC Meter Backstroke**

1	Moucha, Sue	61	Unattached	1:22.48
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**Women 60-64 200 LC Meter Backstroke**

1	Moucha, Sue	61	Unattached	5:50.05
	2:49.12	5:50.05		

**Women 60-64 50 LC Meter Breaststroke**

1	Gipson, Martha	64	Unattached	52.33
2	Moucha, Sue	61	Unattached	1:40.01

**Women 60-64 100 LC Meter Breaststroke**

1	Gipson, Martha	64	Unattached	1:54.28
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**Women 60-64 200 LC Meter Breaststroke**

1	Gipson, Martha	64	Unattached	4:10.23
	2:00.48	4:10.23		

**Women 60-64 50 LC Meter Butterfly**

1	McNulty, Barbara	62	Unattached	40.67
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**Women 60-64 100 LC Meter Butterfly**

1	McNulty, Barbara	62	Unattached	1:40.66
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**Women 60-64 200 LC Meter Butterfly**

1	McNulty, Barbara	62	Unattached	3:38.15
	1:46.53	3:38.15		
2	Kryka, Nancy	64	Unattached	3:46.45
	1:44.25	3:46.45		

**Women 65-69 50 LC Meter Freestyle**

1	Snow, Mary Dee	65	Unattached	42.74
2	Graham, Liz	68	Unattached	57.94
3	Navaroli, Davenia	65	Unattached	1:12.18

**Women 65-69 100 LC Meter Freestyle**

1	Snow, Mary Dee	65	Unattached	1:33.39
2	Dennis, Martha	67	Unattached	1:38.12
3	Graham, Liz	68	Unattached	2:26.72
4	Navaroli, Davenia	65	Unattached	2:44.29

**Women 65-69 200 LC Meter Freestyle**

1	Dennis, Martha	67	Unattached	3:30.60
	1:42.56	3:30.60		

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## Results - Saturday

<b>(Women 65-69 200 LC Meter Freestyle)</b>					2	Owen, Mary	70	Unattached	1:31.89
2	Snow, Mary Dee	65	Unattached	3:37.98	---	Assini, Claudia	71	Unattached	DQ
	1:44.47	3:37.98							
3	Navaroli, Davenia	65	Unattached	5:35.07					
	2:44.72	5:35.07							
<b>Women 65-69 400 LC Meter Freestyle</b>									
1	Dennis, Martha	67	Unattached	7:24.59					
	1:45.36	3:38.54	5:33.52	7:24.59					
2	Snow, Mary Dee	65	Unattached	7:40.88					
	1:48.87	3:47.94	5:46.35	7:40.88					
3	Navaroli, Davenia	65	Unattached	11:45.28					
	2:48.82	5:53.98	8:53.07	11:45.28					
<b>Women 65-69 50 LC Meter Backstroke</b>									
1	Navaroli, Davenia	65	Unattached	39.12					
2	Gibson, Anne	65	Unattached	51.29					
3	Graham, Liz	68	Unattached	1:13.57					
<b>Women 65-69 100 LC Meter Backstroke</b>									
1	Gibson, Anne	65	Unattached	1:53.43					
2	Graham, Liz	68	Unattached	2:44.59					
<b>Women 65-69 50 LC Meter Breaststroke</b>									
1	Graham, Liz	68	Unattached	1:15.98					
<b>Women 65-69 100 LC Meter Breaststroke</b>									
1	Graham, Liz	68	Unattached	2:53.08					
<b>Women 65-69 50 LC Meter Butterfly</b>									
1	Gibson, Anne	65	Unattached	46.83					
<b>Women 65-69 200 LC Meter IM</b>									
1	Gibson, Anne	65	Unattached	3:55.67					
	1:53.64	3:55.67							
<b>Women 65-69 400 LC Meter IM</b>									
1	Gibson, Anne	65	Unattached	8:33.62					
	1:58.53	4:09.40	6:42.68	8:33.62					
<b>Women 70-74 50 LC Meter Freestyle</b>									
1	Owen, Mary	70	Unattached	1:07.48					
2	Assini, Claudia	71	Unattached	1:45.14					
<b>Women 70-74 100 LC Meter Freestyle</b>									
1	Owen, Mary	70	Unattached	2:22.25					
2	Assini, Claudia	71	Unattached	2:54.57					
<b>Women 70-74 50 LC Meter Backstroke</b>									
1	Patterson, Patricia	73	Unattached	53.99					
2	Samuelson, Martha	70	Unattached	56.81					
3	Assini, Claudia	71	Unattached	1:28.88					
<b>Women 70-74 100 LC Meter Backstroke</b>									
1	Samuelson, Martha	70	Unattached	1:53.24					
2	Assini, Claudia	71	Unattached	2:53.14					
<b>Women 70-74 200 LC Meter Backstroke</b>									
1	Samuelson, Martha	70	Unattached	4:01.21					
2	Assini, Claudia	71	Unattached	6:04.58					
	3:00.29	6:04.58							
<b>Women 70-74 50 LC Meter Breaststroke</b>									
1	Samuelson, Martha	70	Unattached	55.37					
2	Owen, Mary	70	Unattached	1:31.89					
---	Assini, Claudia	71	Unattached	DQ					
<b>Women 70-74 100 LC Meter Breaststroke</b>									
1	Samuelson, Martha	70	Unattached	2:03.53					
<b>Women 70-74 200 LC Meter Breaststroke</b>									
1	Samuelson, Martha	70	Unattached	4:21.62					
	2:04.58	4:21.62							
<b>Women 70-74 50 LC Meter Butterfly</b>									
1	Patterson, Patricia	73	Unattached	50.66					
<b>Women 75-79 100 LC Meter Freestyle</b>									
1	St. Germain, Patricia	77	Unattached	1:54.28					
2	Fuller, JoAnn	75	Unattached	3:40.88					
<b>Women 75-79 50 LC Meter Backstroke</b>									
1	St. Germain, Patricia	77	Unattached	1:01.19					
2	Fuller, JoAnn	75	Unattached	2:00.34					
<b>Women 75-79 100 LC Meter Backstroke</b>									
1	St. Germain, Patricia	77	Unattached	2:16.82					
<b>Women 75-79 200 LC Meter Backstroke</b>									
1	St. Germain, Patricia	77	Unattached	4:55.39					
2	Fuller, JoAnn	75	Unattached	8:21.13					
	4:12.72	8:21.13							
<b>Women 80-84 100 LC Meter Freestyle</b>									
1	Tullman, Patricia	82	Unattached	1:54.33					
<b>Women 80-84 200 LC Meter Freestyle</b>									
1	Tullman, Patricia	82	Unattached	4:22.49					
	2:07.55	4:22.49							
<b>Women 80-84 400 LC Meter Freestyle</b>									
1	Bond, Patricia	81	Unattached	7:53.42					
	1:53.48	3:54.17	5:55.75	7:53.42					
2	Tullman, Patricia	82	Unattached	9:27.53					
	2:13.80	4:40.46	7:07.06	9:27.53					
3	Henderson, Martha	83	Unattached	9:41.01					
	2:25.84	4:53.94	7:22.46	9:41.01					
<b>Women 80-84 50 LC Meter Backstroke</b>									
1	Bond, Patricia	81	Unattached	58.06					
<b>Women 80-84 100 LC Meter Backstroke</b>									
1	Bond, Patricia	81	Unattached	2:05.70					
2	Henderson, Martha	83	Unattached	2:30.16					
<b>Women 80-84 200 LC Meter Backstroke</b>									
1	Bond, Patricia	81	Unattached	4:17.59					
	2:06.95	4:17.59							
2	Henderson, Martha	83	Unattached	5:10.88					
	2:33.54	5:10.88							
<b>Women 80-84 50 LC Meter Butterfly</b>									
1	Tullman, Patricia	82	Unattached	1:08.35					
2	Henderson, Martha	83	Unattached	1:16.63					
<b>Women 80-84 200 LC Meter IM</b>									
1	Bond, Patricia	81	Unattached	4:40.39					
	2:25.69	4:40.39							
2	Henderson, Martha	83	Unattached	5:31.92					

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## Results - Saturday

**Women 85-89 400 LC Meter Freestyle**

1	Campbell, Joan	89	Unattached	11:15.58
	2:48.73	5:39.08	8:33.26	11:15.58

**Women 85-89 100 LC Meter Backstroke**

1	Campbell, Joan	89	Unattached	2:59.99
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**Women 85-89 200 LC Meter Backstroke**

1	Campbell, Joan	89	Unattached	6:13.43
	3:09.36	6:13.43		

**Men 55-59 50 LC Meter Freestyle**

1	Story, Andy	55	Unattached	36.27
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**Men 55-59 100 LC Meter Freestyle**

1	Story, Andy	55	Unattached	1:26.83
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**Men 55-59 50 LC Meter Backstroke**

1	Story, Andy	55	Unattached	48.53
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**Men 60-64 50 LC Meter Freestyle**

4	Wilson, David	64	Unattached	37.70
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**Men 60-64 100 LC Meter Freestyle**

2	Wilson, David	64	Unattached	1:28.79
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**Men 60-64 50 LC Meter Backstroke**

1	Nixon, John	64	Unattached	37.45
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**Men 60-64 200 LC Meter Backstroke**

1	Nixon, John	64	Unattached	2:59.01
	1:27.38	2:59.01		

**Men 60-64 50 LC Meter Breaststroke**

1	Matysek, Jim	60	Unattached	39.24
2	Nixon, John	64	Unattached	44.05

**Men 60-64 100 LC Meter Breaststroke**

1	Matysek, Jim	60	Unattached	1:23.95
	10:00.00	8:20.00	1:23.95	

**Men 60-64 200 LC Meter Breaststroke**

1	Matysek, Jim	60	Unattached	3:02.51
	1:28.98	3:02.51		

**Men 60-64 200 LC Meter Butterfly**

1	Cue, Juan	60	Unattached	3:20.37
	1:24.33	3:20.37		

**Men 65-69 50 LC Meter Freestyle**

1	Patterson, Cliff	67	Unattached	32.08
2	Fross, Jack	65	Unattached	34.61
3	Franz, Craig	66	Unattached	34.70
5	Roecker, Ronald	65	Unattached	53.58

**Men 65-69 100 LC Meter Freestyle**

1	Franz, Craig	66	Unattached	1:17.34
3	Roecker, Ronald	65	Unattached	2:16.11

**Men 65-69 200 LC Meter Freestyle**

1	Franz, Craig	66	Unattached	2:45.32
	1:21.67	2:45.32		
2	Roecker, Ronald	65	Unattached	5:14.50
	2:27.32	5:14.50		

**Men 65-69 400 LC Meter Freestyle**

1	Franz, Craig	66	Unattached	5:48.99
	1:25.37	2:55.99	4:26.42	5:48.99

**Men 65-69 50 LC Meter Backstroke**

1	Patterson, Cliff	67	Unattached	38.27
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**Men 65-69 50 LC Meter Butterfly**

1	Patterson, Cliff	67	Unattached	34.42
2	Franz, Craig	66	Unattached	38.95

**Men 70-74 200 LC Meter Freestyle**

1	Leech, Nathan	70	Unattached	2:46.08
	1:22.25	2:46.08		

**Men 70-74 400 LC Meter Freestyle**

1	Leech, Nathan	70	Unattached	5:48.91
	1:23.80	2:53.40	4:23.70	5:48.91
2	Cothren, Jack	70	Unattached	6:20.08
	1:33.41	3:10.95	4:46.67	6:20.08

**Men 70-74 200 LC Meter Backstroke**

1	Leech, Nathan	70	Unattached	3:13.58
	1:33.98	3:13.58		
2	Wang, James	70	Unattached	4:54.15
	2:14.13	4:54.15		

**Men 70-74 100 LC Meter Breaststroke**

1	Wang, James	70	Unattached	2:46.31
	19:04:30.00	19:03:30.00	2:46.31	

**Men 70-74 200 LC Meter Breaststroke**

1	Leech, Nathan	70	Unattached	3:31.33
	1:41.74	3:31.33		

**Men 70-74 50 LC Meter Butterfly**

1	Cothren, Jack	70	Unattached	37.92
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**Men 70-74 100 LC Meter Butterfly**

1	Cothren, Jack	70	Unattached	1:42.46
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**Men 70-74 200 LC Meter IM**

1	Leech, Nathan	70	Unattached	3:11.34
	1:33.13	3:11.34		
2	Formas, Cas	70	Unattached	4:45.03
	2:26.97	4:45.03		

**Men 70-74 400 LC Meter IM**

1	Leech, Nathan	70	Unattached	6:50.72
	1:43.60	3:27.63	5:21.64	6:50.72

**Men 75-79 50 LC Meter Freestyle**

1	DeTore, Gerry	75	Unattached	51.80
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**Men 75-79 50 LC Meter Backstroke**

1	Russell, Jon	75	Unattached	1:02.58
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**Men 75-79 100 LC Meter Backstroke**

1	Russell, Jon	75	Unattached	2:22.04
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**Men 75-79 200 LC Meter Backstroke**

1	Russell, Jon	75	Unattached	5:03.62
	2:30.23	5:03.62		

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## Results - Saturday

**Men 75-79 50 LC Meter Breaststroke**

1	Schenk, Martin	77	Unattached	49.53
2	DeTore, Gerry	75	Unattached	57.75

**Men 75-79 100 LC Meter Breaststroke**

1	Schenk, Martin	77	Unattached	1:55.91
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**Men 80-84 50 LC Meter Freestyle**

1	Dively, Michael	81	Unattached	41.46
2	Puchalski, Donald	80	Unattached	47.20

**Men 80-84 100 LC Meter Freestyle**

1	Dively, Michael	81	Unattached	1:42.59
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**Men 80-84 50 LC Meter Backstroke**

1	Dively, Michael	81	Unattached	57.23
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**Men 80-84 50 LC Meter Breaststroke**

1	Dively, Michael	81	Unattached	1:09.09
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**Men 80-84 100 LC Meter Breaststroke**

1	Dively, Michael	81	Unattached	2:27.75
	853:03:20.00	350:00:00.00	2:27.75	

**Women 320-359 200 LC Meter Freestyle Relay**

1	Unattached	A	3:46.37
	1) Campbell, Joan W89	2) Henderson, Martha W83	
	3) Tullman, Patricia W82	4) St. Germain, Patricia W77	
	2:05.09	3:46.37	

**Mixed 160-199 200 LC Meter Freestyle Relay**

1	Unattached	A	3:20.54
	1) Januszewski, Cindy W53	2) Roecker, Ronald M65	
	3) Owen, Mary W70	4) Story, Andy M55	
	1:36.88	3:20.54	