

## JULY - SEPTEMBER 1997

### MAKE IT MAUI - PAN PACIFIC MASTERS SWIMMING CHAMPIONSHIPS

June 23-29, 1997 Lahaina, Maui

It was the dream of the powers that be when the Lahaina Aquatic Center opened in August 1992. It became a reality when the Pan Pacific Masters Swim Meet brought 1111 over-25 swimmers to Maui. From the old - 91 year old 1920 Olympic gold medalist Aileen Soule of Honolulu - to the young (swimmers must be at least 25 for Masters International competition), it was a meet to remember for most of the competitors mainly because it is hard to imagine a more unique setting than the LAC, which sits less than a half-mile from the Pacific Ocean and under the scenic gaze of the West Maui Mountains.

Janet Renner founded the Maui Masters Swim Club in 1991 and has watched the sport grow on the Valley Isle ever since. MMSC now boasts more than 100 members and Renner was the first Mauiian in action at the meet finishing sixth in the 400 m IM in the 35-39 age group. It was, however, her first race in a pool in more than a decade. While she trains and coordinates MMSC pool workouts, the ocean is where she shines competitively.

No one can say that Linda Crockett Lingle does not get into the swim of things as mayor of Maui County. Maui's No. one politician took a little time out of her busy schedule of running the county to take a dip in the pool competing in two relay events. This was the sixth Pan Pacific meet and it was a conglomeration of efforts with Maui County workers, youth swim club members, and others in the community. Of the 1111 competitors, 445 were from the US, 291 from Japan, 119 from Brazil and 66 from Australia with 23 countries in all competing. The first Pan Pacific Masters Championships were held in 1981 in Sydney, Australia. The second one was also held in Sydney in 1983. The 3<sup>rd</sup> meet was held in 1989 in Indianapolis, the 4<sup>th</sup> in 1991 in Tokyo and the 5<sup>th</sup> in Hamilton, New Zealand in 1993.

Three Members of the Organizing Committee for the VII World Masters Swimming Championships to be held in Casablanca, Morocco on June 19-30, 1998 were in attendance to distribute the Entry Booklet and Accommodation Guide - Farid El Allam, General Secretary, Mohamed Atouani, Officials' Director and Zouheir El Moufti, Financial Director. These booklets can be obtained by writing to -- VII World Masters Swimming Championships, Avenue des F.A.R. - Tour Habous 13eme etage, Casablanca, Morocco. FAX: (212-2) 31.11.76.

Janice Krauser was the photographer snapping numerous pictures during the meet for SWIM magazine. Look for the article in the next issue to be written by Paul Windrath -- meet director. The meet was run by USMS and this was the first time that the National Organization took on the task of running

a meet. The meet officials came from Japan, New Zealand and the US. The processing of the entries was done by Ginger Pierson and Suzanne Rague. The administrative support volunteer included June Krauser, Walt Reid, Sandi Neilson-Bell, Jack and Peggy Buchannan, Mel Goldstein, Mary Beth Windrath and Cassie Shapley. All of this was put together by the very capable meet director -- Paul Windrath.

Dixie Zone was well represented at the meet. I tried to get the results of as many as I could identify from the results listed on the wall. However, with my bifocals and the results high it was difficult. If I have left anyone is out of the following list I deeply apologize. Five Gold Coast Masters competed: June Krauser 71, won all six of her events - 400 and 800 frees, 100 and 200 fly's and 200 and 400 IMs. Jean Spinelli 41, won three backstrokes - 50, 100, 200, was 3<sup>rd</sup> - 50 free, 4<sup>th</sup> - 100 free and 10<sup>th</sup> - Open Water. Luis Herretes 42, 3<sup>rd</sup> - 50 breast. Bob Slama 47 - 4<sup>th</sup> - 50 fly, 9<sup>th</sup> - 50 free, 10<sup>th</sup> - 100 free. David Owen 45, 5<sup>th</sup> - 200 free, 3<sup>rd</sup> - 400 free, 4<sup>th</sup> - 800 free, 5<sup>th</sup> - Open Water. June, Jean, Luis and Bob were 3<sup>rd</sup> in the 200-239 Mixed Free Relay. Bill Staebell 35, Plantation Masters Swim Team placed 4<sup>th</sup> in the 200 fly and 400 IM. Meegan Wilson 49 of the 300 Club was 8<sup>th</sup> - 50 free, 5<sup>th</sup> - 100 free, 2<sup>nd</sup> - 50 breast, 1<sup>st</sup> - 100 breast, 2<sup>nd</sup> - 200 breast and 8<sup>th</sup> - 200 IM. Crawfish Masters had two representatives - Stanton Cadow 41, 11<sup>th</sup> - 50 free and 6<sup>th</sup> - 100 free. Steven Heck 48, 2<sup>nd</sup> - 50 back, 4<sup>th</sup> - 100 back, 1<sup>st</sup> 100 breast, 2<sup>nd</sup> - 200 breast, 1<sup>st</sup> - 50 fly and 1<sup>st</sup> - 200 IM. Georgia had Winifred Prall 50, 5<sup>th</sup> - 50 free, 8<sup>th</sup> - 200 free, 5<sup>th</sup> - 800 free, 6<sup>th</sup> - 200 fly, 9<sup>th</sup> - 200 IM and 5<sup>th</sup> - 400 IM. Also from Georgia Igor Vazhenin 33, 2<sup>nd</sup> - 200 free, 1<sup>st</sup> - 400 free, 2<sup>nd</sup> - 50 fly, 4<sup>th</sup> - 100 fly and 2<sup>nd</sup> - 200 fly. Irina Vazhenin 33, 4<sup>th</sup> - 200 breast and 6<sup>th</sup> - 200 IM. Team Orlando Masters had four swimmers. Ernestine Beattie 61, 24<sup>th</sup> - 50 free, 8<sup>th</sup> - 50 back, 11<sup>th</sup> - 50 breast, 4<sup>th</sup> - 50 fly and 12<sup>th</sup> - 200 IM. Jack Beattie 63, 2<sup>nd</sup> - 50 back, 1<sup>st</sup> - 100 back, 1<sup>st</sup> - 200 back and 6<sup>th</sup> - 200 IM. Brud Cleaveland 80, 2<sup>nd</sup> - 50 free, 2<sup>nd</sup> - 100 free, 1<sup>st</sup> - 50 breast, 1<sup>st</sup> - 100 breast, 2<sup>nd</sup> - 200 IM. Cathy Shonkwiler 37, 2<sup>nd</sup> - 50 free, 1<sup>st</sup> 100 free, 2<sup>nd</sup> - 50 back, 2<sup>nd</sup> 50 fly and 3<sup>rd</sup> - 100 fly. S.W.I.M. Florida Masters had six swimmers headed by Sylvia Eisele 68 who won all five of her events - 50, 100, 200 breaststrokes, 200 fly and 400 IM. Larry Black 39, 6<sup>th</sup> - 100 free, 6<sup>th</sup> - 200 free, 4<sup>th</sup> - 800 free, 4<sup>th</sup> - Open Water. Jean Garbus 63, 9<sup>th</sup> - 50 free, 7<sup>th</sup> - 100 free, 8<sup>th</sup> - 200 free, 3<sup>rd</sup> - 50 fly, 6<sup>th</sup> - 200 IM, 5<sup>th</sup> - 400 IM. Kent Levy 39, 11<sup>th</sup> - 50 free, 9<sup>th</sup> - 100 free, 10<sup>th</sup> - 200 free, 7<sup>th</sup> - 200 IM, 7<sup>th</sup> - 400 IM. Adrienne Seal 32, 6<sup>th</sup> - 200 free, 3<sup>rd</sup> - 400 free, 10<sup>th</sup> - 50 fly, 7<sup>th</sup> - 100 fly, 9<sup>th</sup> - 200 IM, 4<sup>th</sup> - 400 IM. Michelle Sutton 29, 6<sup>th</sup> - 50 free, 6<sup>th</sup> 100 free, 4<sup>th</sup> - 50 fly, 5<sup>th</sup> - 100 fly, 8<sup>th</sup> - 200 IM, 4<sup>th</sup> - 400 IM. And then there was Bill Robertson, 61 from Team Greenville Masters - Bill Robertson was 2<sup>nd</sup> - 100 free, 3<sup>rd</sup> - 200 free, 3<sup>rd</sup> - 400 free, 1<sup>st</sup> - 50 fly, 5<sup>th</sup> 200 IM and 3<sup>rd</sup> - Open Water.

## STORIES ABOUT PEOPLE BY June Krauser

We have a tradition of publishing stories about people with exceptional accomplishments in swimming or who make a special contribution. This quarter, we're including a story on Carl House from Florida Gold Coast. We'd like to do stories on people from other Dixie Zone LMSC's, so please send us stories on your exceptional people.

### WHO'S CARL HOUSE By Randy Nutt, Chairman, Florida Gold Coast LMSC

We've known of Carl as the fellow who has built web sites for each of the Dixie Zone LMSC's and for three Colonies Zone LMSC's as well, and as the guy who put the USMS Top Ten on the world wide web. Before that, he published the Florida Gold Coast Newsletter for four years, putting out sixteen issues that we were proud of. His next accomplishment, he says, will be to make it possible to type your name into the Internet and get back your personal Top Ten history back to 1993. Who is this fellow, and what makes him put so much into swimming?

Carl started swimming ten years ago because he had severe back pain and a newspaper story about Judy Bonning made him think swimming might help. His complete story, along with stories about many other of Judy's people is on her web page: <http://www.swimgold.org/gold/judybnng.htm>. In short, he's terribly grateful to Judy for providing the motivation to become a swimmer and within a year he was totally free of pain. He sees clearly he can't quit swimming, saying he's condemned to swim for the rest of his life to stay pain free. I think that's good news for us.

Judy invited Carl to the annual LMSC meeting in 1991, and June Krauser, seeing he seemed always to have something to say, put him in charge of "communications". He served as Vice-Chairman of our LMSC for four years, and since then has served as our Web-Master, though he prefers the title "Web-Steward". His contributions to swimming have been continuous and substantial now for seven years and he shows no signs of letting up.

He's not a bad swimmer. His first great victory as a swimmer, he says, was getting on a relay team with Flo Carr and letting her time pull them all into the Top Ten. He's always available for a relay. He even got a national second place medal in 1996 Y-Nationals on a team with June Krauser, Anne McGuire, and Cav Cavanaugh. They were so amused by how happy he was with his second place medal that they gave him a certificate to hang on his wall. It's still there. With continued good coaching and dedication, he's gotten good enough to make Top Ten on his own, and has now made it approximately ten times. He makes it most often, he says, "squeaking into SCM in the 200 fly; he's basically a social swimmer". His key to serious training is finding a swimming partner. His Mission Bay swimming partner, Ralph Rogers, was as important as Judy Bonning was to making sure he got to the pool several times a week and got in a good workout. Now Brenda Weber is his best-buddy at Meadows Park Pool in Boca Raton. He can't seem to say enough good things about her and their new coach, Jonathan Coyle.

Some people feel that because of his effort the USMS Top Ten may now become a far more powerful motivator and promotional tool for USMS. He's built the SwimGold web site which hosts the home pages for ten LMSC's and, even more importantly, presents the USMS Top Ten in important new ways. You can now go to the Top Ten on-line and find out who the longest swimmers in your age group are, who all the Top

Ten swimmers in your LMSC are, and you can find stories and photographs for about 100 of our All-Americans. And more stories and photographs are being added every month. He's hoping that by the time SCY Top Ten comes out that you'll be able to go to the Top Ten on-line, type your name, and get back a count of how many times your name appears in the newest publication as well as your complete Top Ten history since 1993. Of course, you can also check on your competition this way.

Carl says this web site couldn't have been built without the help of Dorothy Donnelly, Meegan Wilson, Vicki Stewart, Esther Lyman, Ceil Blackwell, Tomi Richards, Meg Smath, George Olsen and others who have volunteered their efforts. Many All-Americans have sent in their own story. Two commercial artists have given permission for their work to be used without cost. Internet services are provided free of charge by Icanect. And he's gotten technical assistance not only from Icanect, but also from swimmers Don Graft and Dale Mason and USMS Webmaster, Jim Matysek.

So, check out the web site at: <http://www.swimgold.org/> -- and send in new information that you'd like to see on the web.

**United States  
Masters  
Swimming**



## BITS AND PIECES

**CONVENTION** - September 24-28 at Hyatt Regency Airport Hotel. Be sure your LMSC has notified Suzanne Rague of your certified delegates.

**ELECTIONS** - This year we have election of officers. The slate will be included in the Delegate Packets. Nominations may be made from the floor on Friday night, Sept. 26<sup>th</sup>. You can "meet the candidates" on Thur. night.

**ZONE REPRESENTATIVES** - The eight zone rep positions will also be voted at the individual Zone meetings scheduled from 4 to 5:30 pm on Fri. the 26<sup>th</sup>. Feel free to call me if you are interested in running for Dixie Zone Representative. I am willing to continue if wanted.

**ZONE CHAIRMAN** - Our current zone chairman does not wish to run again. Each zone may nominate one candidate for this position - the nominee need not come from the nominating zone. Known to be interested so far - Dorothy Donnelly.

**COLONIES ZONE** - It seems that the Colonies Zone lays claim to holding the first official AAU Masters competition east of the Mississippi on April 1, 1972 in Wilton, CT! I am afraid the Dixie Zone must argue this point. The first OFFICIAL AAU Masters Swimming Meet was held at 6 PM on January 1, 1972 at the ISHOF pool in Ft. Lauderdale, FL. AAU President, Jack Kelly, started the meet off with an exhibition 100m freestyle. Kelly also presented medals to some of the winners. ASCA President, Bob Ousley, was the referee while Dick Steadman of Monmouth College and Buck Dawson, ISHOF director, acted as an announcing team. The New Year's Day date limited entries to 35, yet every event was sprinkled with former Olympic swimmers, national champions, World and American record holders. 1952 Olympian Gay Rosser and 1956

(continued on page 3)

Olympian Dick Hanley competed together. 1941-1944 AAU National Champion Riviera Club team had three in the meet - the Fogle sisters (Cynthia Bruce and June Krauser) and Mary Ann (alts) Meekins. The 1955 National Champion Walter Reed Swim Club was represented by Wanda (Werner) Cavanaugh and Peggy (Morris) Weinants with Shelly Mann passing out the medals. 1968 British Olympic co-captains Jill Glattey and Tony Jarvis were multiple winners. Marge Counsilman, recording the meet results got to record her husband's (Doc) 100 breaststroke winning time. A return of swimming's "over the hill gang". (SWIM-MASTER, Vol. I, No 1, Feb. 1972)

**COACH-MENTOR CLINIC** - Virginia LMSC cordially invites all coaches and swimmers in the Colonies and Dixie Zones, and other interested folk, for an unforgettable weekend of fun, learning and camaraderie. USMS Coach and champion swimmer, Kerry O'Brien from the strong Walnut Creek Masters of California, will direct the clinics. Saturday and Sunday, September 20-21 in Midlothian, VA Any question? Contact Terry Sue Gault (804) 379-9099

**OFFICIALS NEEDED** - Florida LMSC Newsletter Editor, Jim Donnelly, writes of the need for Officials needed at USS and USMS meets. If more Masters swimmers would get USS certification it could help both organizations and would be good PR for Masters Swimmers - a chance to let the younger swimmers know that they can keep on swimming for the rest of their lives, after their USS and college careers. Check with the Officials Chairman in your local LMSC for how to get involved.

**OPEN WATER** - Georgia's Open Water series is sponsored by the Internet provider, MindSpring Inc., a sponsor of USMS swimming. The remaining events are Aug. 10 at Buford Dam, Aug. 31 at Lake Oglethorpe and Sep. 13 at Lake Lanier. Contact Bill Black (770) 898-8020

**A WORKOUT TO REMEMBER** - Until Feb 15, 1997, the largest workout in the 20-yr history of the Crawfish Masters was attended by 48 swimmers. This occurred in 1993. With February being the month for Fitness Challenge, Feb. 15<sup>th</sup> was designated for trying to break that record. All team members were asked, or called as the goal was to have 50 swimmers show up for practice. At 9:30 the swimmers started trickling in for the 10 am workout on the 15<sup>th</sup>. At 9:45 there were 12. By 9:55 there were 35. At 10 sharp there were 55 swimmers! But never expect everyone to be on time. By 10:30, the final count reached an amazing 75 swimmers! Only 15 team members were unable to attend, most to their own regret. About five were out-of-town, four were sick or injured, another four did not show (reasons unknown) and two had to go to a funeral. The energy was strong, the enthusiasm was high, and fun filled the air. Truly, this was - and is - what Masters is all about. (Scott Rabalais, Crawfish Masters, Coach)

**NORTH CAROLINA LMSC** - I find many interesting items in the LMSC NEWS LETTERS and I thank all of you for sending them to me. I receive so many phone calls from swimmers wanting to know where there is a Masters team near where ever they are or are going to be in the Dixie Zone. I do not know all of the cities and towns in the Zones. I do have a list of clubs which is very helpful but some LMSC's have large clubs and workouts in many different locations - just like Gold Coast Masters. I find that in the ACROSS THE LANES, NC LMSC Newsletter, a good listing appears under the title MASTERS TEAMS. It contains four items - The USMS code for the club, the city, the contact name and the phone number. It would be great if some of the other LMSC's would do the same thing. Thanks for the idea, North Carolina!

## CASABLANCA UPDATE

Please note the new schedule for the VII World Masters Swimming Championships to take place on June 19-30, 1998 in Casablanca at the right. At the FINA Masters Committee meeting in May some changes to the original program were made. One, the 400 free was moved and a swimmer may now swim both the 400 and 800 frees. Another, the relays were replaced with the Mixed relays as it was felt that more teams could enter relays if they were Mixed relays. There is an 8 lane 50 meter pool plus a small 25 m warm up pool for the swimmers in the main pool. The divers and synchronized swimmers will be using the diving well. There is another 8 lane 50 m pool across the street that may also be used by the swimmers for warm up and warm down. All pools are indoors. There is plenty of seating in the main pool. If you wish an entry booklet and an accommodation booklet, please write to the Organizing Committee at VII World Masters Swimming Championships at Avenue des F.A.R.-Tour Habous 13eme etage, Casablanca, Morocco FAX: (212-2) 11.76

Date	Swimming	Open Water Swim	Diving	Synchronized Swimming	Water Polo
Wednesday June 17	Training		Training		
Thursday June 18	Training		Training		
Friday June 19	200 m Individual Medley 50 m Butterfly 100 m Freestyle		First Day		
Saturday June 20	200 m Breaststroke 400 m Freestyle		Second Day		
Sunday June 21	400 m Medley 100 m Breaststroke 200 m Mixed Medley Relay		Third Day		
Monday June 22	200 m Backstroke 50 m Breaststroke 100 m Butterfly		Fourth Day		
Tuesday June 23	200 m Freestyle 50 m Backstroke 200 m Mixed Freestyle Relay			Training	
Wednesday June 24	200 m Butterfly 50 m Freestyle 100 m Backstroke			Training	
Thursday June 25	800 m Freestyle			First Day	
Friday June 26		5 Km		Second Day	Training
Saturday June 27				Third Day	First Day
Sunday June 28				Fourth Day	Second Day
Monday June 29					Third Day
Tuesday June 30					Fourth Day

Note: Women start events first on June 19, 21, 23, 25.  
Men start events first on June 20, 22, 24.



# CALENDAR

## 1997

- JUL 18-20 LCM St. Petersburg, FL - Harold Ferris - 813-896-0250  
 JUL 19 OPN 10-Mile NAT. CHAMP. - Seal Beach Swim Club, PO Box 605, Seal Beach, CA 90740  
 JUL 26-27 LCM Charlotte, NC - Rick Fenton 704-846-5335
- AUG 1-3 LCM **DIXIE ZONE CHAMP** - Scott Rabalais, 3537 Christina Ave., Baton Rouge, LA 70820 504-766-5937  
 AUG 1-3 LCM Pool Championships at Coral Springs, FL - see Michelle Bekoff 954-897-3940  
 AUG 2-3 LCM Dynamo LC Invitational -  
 AUG 9 OW Jacksonville, FL 1.25 & 2.5 Mile Ocean Swims - David Foster 904-281-0960  
 AUG 10 OW Buford Dam - Bill Black 770-898-8020  
 AUG 14-18 LCM **USMS NAT LC CHAMP.** - Larry Peck, PO Box 2051, Winter Park, FL 32790 407-647-7793  
 AUG 31 OW Lake Oglethorpe - Bill Black 770-898-8020
- SEP 1-NOV 30 3000 yard Postal NAT. CHAMP. - Jane Moore, 1867 58<sup>th</sup> St. NE, Tacoma, WA 98422 206-925-0803  
 SEP 6 SCM Aqua Crest at Delray, FL - Scott Barlow 561-278-7341  
 SEP 6-7 LCM Henderson, NC  
 SEP 7 SCM SPM SCM Meet - Fuller Pool - St. Peter - Harold Ferris 813-896-0250  
 SEP 13 OW Lake Lanier - Bill Black 770-898-8020  
 SEP 21 OPN 5K NAT. CHAMP. - Tom Katsouleas, 20452 Pacific Coast Hwy., Malibu, CA 90265 801-456-3657  
 SEP 24-28 **USMS CONVENTION** - Burlingame, CA
- OCT 4 SCY Lanier Aquatics  
 OCT 4-5 SCY Montgomery, AL - Call Karen Crossen 334-215-3109  
 OCT 5 SCM SPM SCM Meet - Fuller Pool - St. Pete - Harold Ferris 813-898-0250  
 OCT 11 SCM Hillsborough, NC - Krista Phillips 919-732-3818  
 OCT 11 SCY Florida Ocala Masters - Tom Koenig, 352-694-1640
- NOV 1 SCM Aqua Crest - Delray Beach, FL - Scott Barlow 561-278-7341  
 NOV 1-2 SCM **DIXIE ZONE SCM CHAMPIONSHIPS** - Steve Wycoff, Anderson Swim Centers, 1115 Comelia Rd., Anderson, SC 29621 864-260-5170  
 NOV 1-2 SCY Winter Haven, FL - Laurie Zolnierowski 941-325-8317  
 NOV 1 SCM Aqua Crest - Scott Barlow - see above
- DEC 5-7 SCM Holiday Classic - Michelle Bekoff - 954-897-3490

## 1998

- APR 23-26 SCY **YMCA MASTERS CHAMP** - Stu Marvin, ISHOF Aquatic Complex, 501 Seabreeze Blvd, Ft. Lauderdale, FL 33316 954-468-1582  
 MAY 7-10 SCY **USMS NAT SC CHAMP** - Indianapolis, IN - IUPUI Pool  
 JUN 19-30 LCM **VII FINA MASTERS SWIMMING WORLD CHAMP** - Organizing Committee, Avenue des F.A.R. - Tour Habous 13eme etage, Casablanca, MORROCCO FAX: (212-2) 31.11.76  
 AUG 10-15 LCM **1998 WORLD MASTERS GAMES** - For instant athlete registration and confirmation call - 1-800-98-GAMES (1-800-984-2637)  
 AUG 20-23 LCM **USMS NAT LC CHAMP** - Stu Marvin, ISHOF Aquatic Complex, 501 Seabreeze Blvd., Ft. Lauderdale, FL 33316 954-468-1582

## 2000

- LCM **VII FINA MASTERS SWIMMING WORLD CHAMP** - Munich, Germany

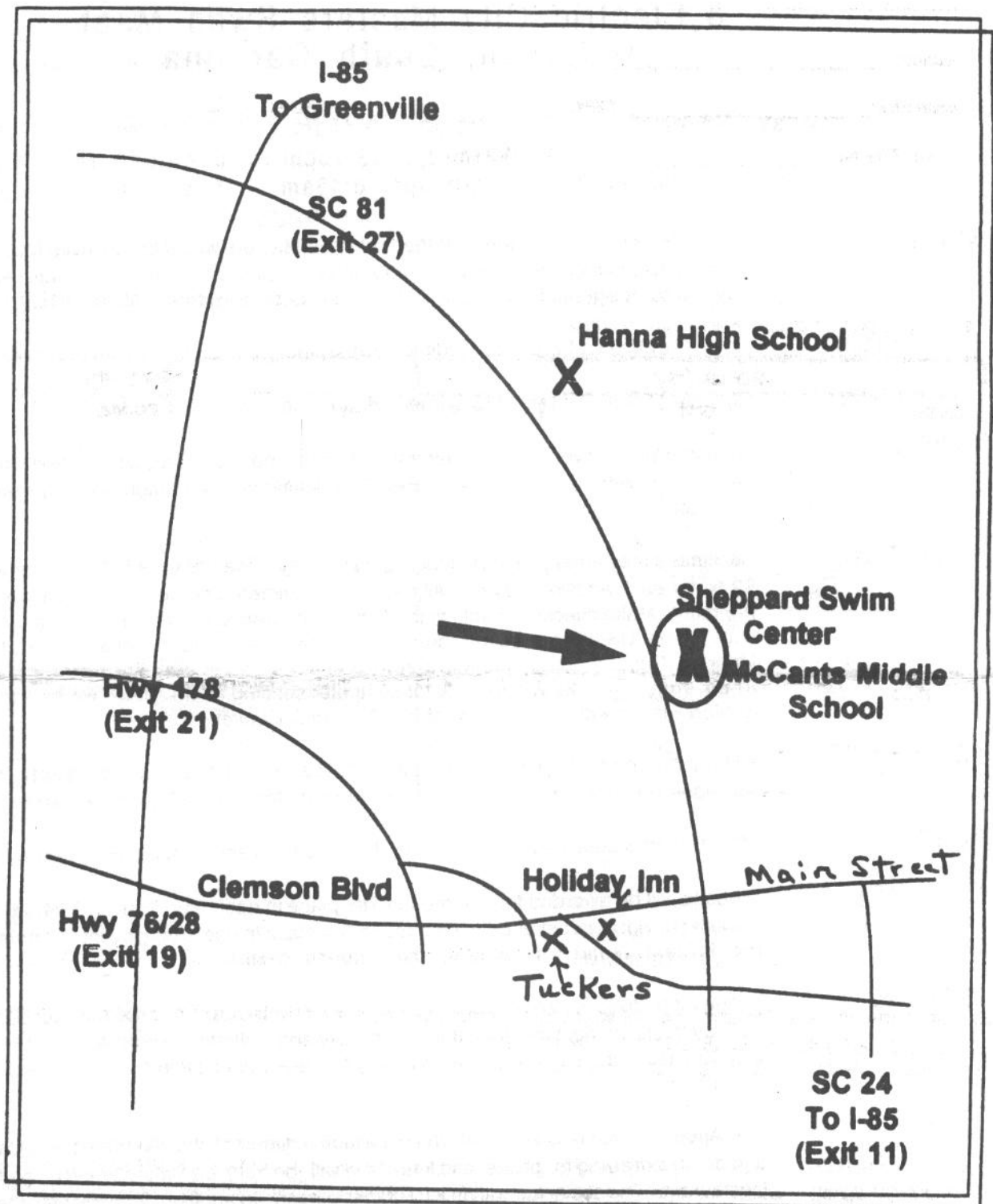
### E-MAIL ADDRESSES

Diane & Bill Black	swim@compuserve.com	Rocky Motter	rmotter@ecs.campus.mci.net
Mel Goldstein	75323.741@compuserve.com	Scott Rabalais	ScottRabalais@compuserve.com
Carl House	CarlHouse@swimgold.org	Walt Reid	reidw@wdni.com
Jane Krauser	juneswim@AOL.com	Paul Windrath	76732.3321@Compuserve.com

# Dixie Zone Short Course Meters Championship & Electric City Masters Swim Meet Anderson, South Carolina

Saturday, November 1	Warm-up: 8:45am	1500m Free: 9:15am	
	Warm-up: 12:15pm	Events#A-18: 1:00pm	
Sunday, November 2	Warm-up: 8:45am	Events#D-36: 9:30am	

- SPONSORS:** The Anderson Swim Centers and the Anderson Masters would like to invite Masters swimmers of all abilities to participate in the Fifteenth Annual Electric City Invitational. This year, the Electric City is also designated as the Dixie Zone Short Course Meters Championship!
- SANCTION:** South Carolina L.M.S.C. #557-004 for USMS, Inc.
- LOCATION:** Sheppard Swim Center, 1115 Cornelia Road, Anderson, SC (See Map)
- FACILITIES:** 25 meter pool; seven lanes; Kiefer anti-turbulent lane lines; Paraflite starting platforms; and a separate 37 x 40 ft. warm-up pool. Electronic timing and computerization by Pete Combes of Charleston, SC
- ENTRIES:** Swimmers may enter five individual events per day. The entry fee is \$10.00 for the first event and \$2.00 for each additional event. All relays will be entered on the deck with an entry fee of \$4.00 per relay. Make checks payable to the "Anderson Swim Centers." The official entry form and a copy of your USMS registration card should be sent as 1st class mail postmarked no later than Monday, October 20th to the Anderson Swim Centers, 1115 Cornelia Road, Anderson, SC 29621 to allow for computer seeding. Late entries will be accepted for available lanes with an entry fee of \$3.00 per individual event
- SEEDING:** All heats will be seeded from slowest to fastest according to 25 meter short course times. As necessary, ages and sexes may be combined. No time (N.T.) will be seeded in the early heats.
- RULES:** 1997 United States Masters Swimming Rules. Swimmers must be registered with USMS for 1997
- AWARDS:** Ribbons will be awarded for 1st through 7th place in each age group (19-24, 25-29,.....etc.) in each individual event and for 1st through 3rd place in each relay event. Special prize for the largest team! Trophy to the winning team!
- LODGING:** Holiday Inn, 3025 N. Main Street. Telephone 1-800-HOLIDAY or (864)226-6051. The Holiday Inn is the host motel for the Electric City and is offering a special rate of \$50.00(King) or \$55.00(2 Doubles) per room. When calling for reservation, please refer to "Electric City Masters Swim Meet."
- SOCIAL:** The Anderson Masters' social which will include a dinner of chicken breast, vegetables, rice, salad, and drink; a drawing for prizes; and lots of fun will be held on Saturday evening at Tucker's Restaurant. The social fee will be \$10.00 per person. In addition, immediately after the day's events, there will be an ice cream social on Saturday and a sandwich special on Sunday at the Swim Center!!!
- INFORMATION:** Call Steve Wycoff (Meet Director) at the Sheppard Center: (864) 260-5170.



# Electric City Invitational

## Official Entry Form

Name: _____		Sex: _____	Age: _____	Birthdate: ____/____/____	
Address: _____		City: _____		State: _____	Zip: _____
Home Phone: (____) _____		Office Phone: (____) _____			
Team: _____ <small>(If none, write "Unattached")</small>		U.S.M.S. #: _____ <small>(Required)</small>			

Circle the event number (Female=Odd/Male=Even) and write in your best *25 meter time* or "NT" (No Time) for each event you plan to enter. Relays will be deck entered.

Saturday			Sunday		
Event No.	Event	Time	Event No.	Event	Time
1 - 2	1500m Freestyle		D - E	200m Medley Relay	
A - B	200m Freestyle Relay		F	200m Mixed Free Relay	
C	200m Mixed Medley Relay		21 - 22	200m Breaststroke	
3 - 4	200m Ind. Medley		23 - 24	200m Backstroke	
5 - 6	100m Freestyle		25 - 26	50m Freestyle	
7 - 8	50m Butterfly		27 - 28	400m Ind. Medley	
9 - 10	100m Breaststroke		29 - 30	50m Breaststroke	
11 - 12	100m Backstroke		31 - 32	50m Backstroke	
13 - 14	200m Butterfly		33 - 34	100m Butterfly	
15 - 16	100m Ind. Medley		35 - 36	200m Freestyle	
17 - 18	400m Freestyle				

First Event Entered: \_\_\_\_\_ \$10.00  
 Number of Additional Events Entered: \_\_\_\_x\$2.00 \$\_\_\_\_\_  
 Saturday Night Social Fee: \_\_\_\_x\$10.00 \$\_\_\_\_\_  
 Make checks payable to "Anderson Swim Centers" Total:\$\_\_\_\_\_

Please send the official entry form, copy of your USMS registration card, and a check as 1st class mail postmarked no later than Monday, October 20th to: Anderson Swim Centers, 1115 Cornelia Road, Anderson, SC 29621. Late entries will be accepted for available lanes with an entry fee of \$3.00 per individual event.

I the undersigned participant, intending to be legally bound do hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death and agree to assume all of those risks. As a condition of my participation in the Masters Swimming Program or any activities incident thereto, I hereby waive any and all claims for loss or damages caused by the negligence, active or passive of the following: United States Masters Swimming, Inc., the local Masters Swimming Committees, the Clubs, host facilities, meet sponsors, meet committees, or any individuals officiating at the meet or supervising such activities. In addition, I agree to abide by and be governed by the rules of USMS

(Signature) \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/97

# **PRINTING COMPLIMENTS OF THE CITY OF FORT LAUDERDALE AND THE HALL OF FAME AQUATIC COMPLEX**

Editors Note: Please send news of your LMSC for publication in our Dixie Zone Newsletter. The deadline dates for the Newsletter are the 1<sup>st</sup> of the months of October, January, April and July. During those months the Newsletter will be assembled and mailed. Entry blanks for the Dixie Zone Championship meets should be sent at least three months in advance. SCY in January, LCM in April and SCM in July.

Dixie Zone News  
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