

Zone Representative
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DIXIE ZONE NEWS

Top Ten/Records
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OCTOBER - DECEMBER 1997

DIXIE ZONE MINUTES FRIDAY, SEPTEMBER 26, 1997

Submitted by Lisa Watson

The Dixie Zone convened on Friday, September 26th with Zone Representative June Krauser presiding. A roll call was taken of attending Dixie Zone delegates and is included with this report.

The financial report was distributed to the members and discussed. Current balance in the Dixie Zone treasury is \$568.03 + 292.63 which is owed from USMS.

June discussed the newsletter policy for the Dixie Zone. The newsletter is published four times each year and distributed to Dixie Zone clubs, convention delegates, Dixie Zone LMSC chairmen and newsletter editors, and the National Office, President of USMS and the Zone Chairman and Zone Reps.

Rocky Motter was commended for her work as Dixie Zone Top Ten & Records Chairman. The SCY Top Ten have recently been published. It was discovered that there was a missing page from the results and this will be sent out in the next Zone Newsletter. Rocky, who was unable to attend this year's convention, sent a letter stressing the importance for meet directors to send meet results in the correct meet format and use team listings to help distinguish between Zone and out of Zone swimmers. Rocky requested a volunteer to take over her position and Steven Fair of Pensacola volunteered to assume the responsibility of Dixie Zone Recorder. This transition will occur after the SCM Top Ten have been published.

Bids were taken for the three Zone Championships meets in 1998. The following bids were awarded:

| | |
|----------------------|---------------------|
| SCY Atlanta, Georgia | March 14-15, 1998 |
| LCM Greenville, SC | June 27-28, 1998 |
| SCM Orlando, Florida | October 10-11, 1998 |

The various Zone teams were solicited for meet information to form a working 1998 Dixie Zone Calendar of Events. These meets were listed chronologically by month and appear in the Calendar. Some dates are tentative and not many have a contact person as yet. These will be updated as soon as they are sent to June.

Carl House gave an update on computer status in the Dixie Zone and USMS. He acknowledged that some LMSC's have their own web page, while other LMSC's might be better served by referring to the USMS Home Page.

Next agenda item was election of the Dixie Zone Representative. June Krauser was unanimously Re-elected for another term.

June informed the members that as Dixie Zone Representative, she will be voting for the new Zone Chairman and her vote will represent the vote of the Dixie Zone. Candidates for the office are Hugh Moore and Dot Donnelly. The Dixie Zone expressed their desire to vote for Dot Donnelly.

Randy Nutt reviewed the concept of the Coaches Mentor program offered to the Zones through the USMA Coaches Committee. The program allows for one per zone for \$500 and anyone is encouraged to apply. Randy expressed the desire of his team to apply for this program.

The meeting was adjourned by 5:15 PM.

Those attending included June Krauser, Randy Nutt, Rick Harris, George Simon, Ceil Blackwell, Joe Kurtzman, Tomi Richards, Harold Ferris, Mary Lee Watson, Junie Ewing, Conduit Lotz, Bill Lotz, Katie Cooper, Charles Kohnken, Michelle Beckoff, Carl House, Anne McGuire, Lil Haneman, Scott Rabalais, Arron Schneider, Lisa Watson, Jean Fox, Ken Nemet, Gloria Nemet, Larry Peck, Diane Black, Hill Carrow and Steven Fair.

USMS 1997 CONVENTION

Burlingame, California

September 24-27, 1997

The USMS convention was held in conjunction with the USAS annual convention. **WHAT IS USAS?** The rules of Federation Internationale de Natation Amateur (FINA), the international federation responsible for the sports of **swimming, diving, synchronized swimming and water polo**, require there to be only one recognized member federation of FINA in each country throughout the world. The member federation is the United States Aquatic Sports (USAS). USAS was formed to become the US member of FINA in 1980, when the US Amateur Sports Act took effect in the United States and required restructuring of many sports organizations. USAS deliberately attempts to play a minimal role within the United States, leaving primary responsibility for the governance of each of the aquatic sports to its members, the national governing bodies or **NGBs**: United States Swimming, Inc.; United States Diving, Inc.; United States Synchronized Swimming, Inc.; United States Water Polo, Inc.; and United States Masters Swimming, Inc.

Following are items of interest from the USMS convention.

ELECTIONS - This being an election year, the new Executive Committee consists of the following:

President - Nancy Ridout. Nancy lives in Novato, CA (northern) and has competed in Masters competition since its beginning in 1972. She presently swims in the 55-59 age group. Nancy has served USMS as Vice-President, Secretary, Co-Editor of *SWIM* Magazine and on numerous committees. Her objectives are: 1) gather as many ideas and information as possible to put together a plan for the 21st century, 2) promote a team approach in the leadership of USMS, 3) promote Masters swimming throughout the US as a means of achieving and maintaining fitness for life, 4) develop regional membership goals by opening up facilities and recruiting coaches, 5) continue the spirit of fun and friendship and foster these elements at every opportunity. **Vice-President** - Jack Geoghegan. Jack resides in Rye, New York and has competed in Masters competition since 1973 and presently competes in the 55-59 age group. Jack has served as Legal Counsel since 1983 until 1997. He assisted in the incorporation of Masters Swimming with Ross Wales. Besides serving as Legal Counsel he has served on the Legislation committee, the Insurance committee and the Rule Book committee. He also helps to negotiate contracts with our vendors and our Executive Secretary and Registrar. **Secretary** - Betsy Durrant. Betsy lives in Virginia Beach, VA and began training and competing in 1973 and she also competes in the 55-59 age group. Betsy has been a Zone representative and also the Zone Chairman. She has served on many USMS committees. **Treasurer** - Jeanne Ensign. Jeanne hails from Seattle, WA and has been a member since 1985.

ne says that swimming has given her so much -

fitness, friends, and a sense of accomplishment. Jeanne is a member of the USMS Finance Committee and her background is in accounting, finance, and tax. **Zone Chairman** - Hugh Moore. Hugh lives in Tacoma, WA and has loads of experience in running Masters meets since 1978. He has served on the Officials committee, Planning committee, Marketing committee and the Registration computerization committee. **Past President** - Mel Goldstein. Mel resides in Indianapolis, IN and has been USMS President for the past four years.

ZONE REPRESENTATIVE ELECTIONS - **Colonies** - Lynn Hazelwood; **Oceana** - Richard Smith; **Dixie** - June Krauser; **Northwest** - Dave Radcliff; **Southwest** - Bonnie Adair; **Breadbasket** - Leo Letendre; **Great Lakes** - Skip Thompson; and **South Central** - Kris Wingenroth.

RULES COMMITTEE - There was only one rule submitted that the committee thought was emergency and it passed. It was to add that the backstroke start may be used in freestyle events. Also, a document described as "Instructions for Submission of Proposed Amendments" will be made available to the LMSCs.

OFFICIALS COMMITTEE - We need to utilize the resources of the LSCs that do allow apprenticeship at our meets and work with those that don't to convince them to start allowing apprenticeship. The most common disqualifications based on three large meets were early takeoffs on relays, followed by regular false starts.

LEGISLATION COMMITTEE - Passed legislation to elect the Zone Chairman in even numbered year instead of with the other officers in odd numbered years. The Safety and Education committee was made a standing committee. Fitness events shall be sanctioned or performed in an organized/supervised practice and the participants must be USMS registered. The Computer On Line committee was also made a standing committee.

PLANNING COMMITTEE - Since Bill Black started keeping records on our growth, we have shown a steady increase. Stan Prazer reported on a USMS Commemorative Stamp that was sponsored by Congressman Phil English in the House of Representatives (House Bill #155) entitled "The Masters Swimming Commemorative Stamp Act". It is requested that you contact your Representative and ask that he or she support this bill. The House of Delegates voted to continue its progress toward hiring an Executive Director/Business Manager.

REGISTRATION COMMITTEE - A person may have only one USMS registration, but there is nothing to prevent a foreign swimmer from holding an USMS registration and a membership in his/her country. It was suggested that the LMSC should have a form to cover the 30 day try out period for a swimmer. It can consist of the USMS waiver titled as a 30 Day Try Out form with a place for the swimmer to sign and date. The 1998 registration forms will have a check off box for the swimmer to add a donation of \$1.00 to both the

International Swimming Hall of Fame and the USMS Foundation (when it is operating).

RECORDS/TABULATIONS - There are still too many "NV" (not verified as a record) swim making it to the final copy of the Top 10. The continuing problem of missing the deadline with complete and accurate Top 10 information was discussed. The following guide would be helpful:

GETTING IT CORRECT AND ON TIME IS A TEAM EFFORT

Swimmer - 1) Enter the meet with your name as it appears on your USMS Registration card and 2) Check meet results for correct swims and times.

Meet Lane Timer - 1) Check the name of the swimmer including the lead off swimmer on relays for correct splits.

Meet Director - 1) Make sure only properly registered swimmers are allowed to swim. 2) Make sure the swimmer has entered with the name as it appears on the USMS Registration card. 3) Submit meet results on time and in the proper format to the LMSC Top 10 Tabulator. 4) Submit Record Applications on time with complete documentation. 5) Save all meet timing tapes/cards for at least one year.

Sanctions Chairman - 1) Inform LMSC Records/Top 10 Tabulator of all Sanctioned and Recognized meets.

LMSC Records/Top 10 Tabulator - 1) Remove all non-registered and foreign swimmers from the results. 2) Compile and submit on time all records/Top 10 tabulations to the USMS Records/Top 10 Chairman.

LMSC Registration Chairman - 1) Assist Meet Director and LMSC Records/Top 10 person in making sure only USMS registered swimmers are allowed to swim.

LMSC Chairman - 1) Check with Records/Top 10 Chairman on progress as deadlines approach.

FACILITATOR FORUM - David Hefner was brought in for this Forum. Dave feels strongly that no organization can succeed by trying to be all things to all members; to solidify membership, USMS must be superior in one dimension and at least parity in the other two. The three dimensions were: "product leadership," "operational excellence," and "member intimacy." His "pick" was the track of "member intimacy," complete with customized services, personalized communications, etc. - "one-stop shopping," if you will - whereby USMS would deal with its membership as if they are members for life. Growth is a by-product of good promotion of USMS; the fact that we feel good about ourselves when we climb out of the water is what we have to sell.

MARKETING COMMITTEE - USMS has the following sponsors: MBNA USMS Master Card, USMS PrePay Phone Card, Competitor Swim Products, Kast-A-Way, Powerbar, Pfizer, Ultra Swim, Alamo Rental Car, and

Quest International. Again in January there will be a Sponsor Value Insert to *SWIM* Magazine.

RECOGNITION AND AWARDS COMMITTEE - For the Ransom J. Arthur Award there will be allowed one nominating letter and one supporting letter for each nominee.

INSURANCE COMMITTEE - Our loss experience continues to be excellent. There will be no additional fees this coming year for insurance coverage. It was suggested that an article be placed in *SWIM* Magazine to better inform our members of Safety Education for future prevention of accidents.

CONVENTION COMMITTEE - We had 194 delegates registered for the convention this year. It is felt that ALL delegates be required to attend the orientation meeting on Wednesday evening.

LONG DISTANCE COMMITTEE - The following National Championships were accepted for 1999:

5/10 K Postal Swim - Pacific Northwest LMSC

3000/6000 Postal Swim - Florida Maverick Masters

One Mile Open Water Swim - Seal Beach Swim Club

Two Mile Cable Swim - Virginia Masters Swim Team

>1 & <3 Mile Open Water Swim - Ohio Masters Swim Club

>3 & <6 Mile Open Water Swim - Southern California Aquatic Masters

>6 Mile Open Water Swim - Southern California Aquatic Masters

INTERNATIONAL COMMITTEE - At the FINA Congress in Casablanca the US will propose the following rule: When using the breaststroke/whip kick during butterfly, the swimmer shall alternate one arm pull and one kick throughout the race. Also, we will ask that the 400 Freestyle Relays (Women's, Men's, Mixed), the 400 Medley Relays (Women's, Men's, Mixed) and the 800 Freestyle Relays (Women's, Men's, Mixed) be recognized as official Masters Swimming events.

CHAMPIONSHIP COMMITTEE - A different schedule of events will be held at the 1998 LC National Championships to be held at the ISHOF pool in Ft. Lauderdale. The bids awarded for 1999 are SC at Santa Clara in May for a four day meet within May 13-17. The LC meet will be held at the U of Minn. On Aug. 19-23, 1999. Also noted elsewhere in these minutes was the fact that the 1999 Senior Games will be held in Orlando, FL.

COMPUTER COMMITTEE - I can't begin to tell you all the things going on in this committee! Our contact for news of the different items to find on the Web will be Carl House. There is so much to find that it boggles my mind.

LOCAL MASTERS SWIMMING COMMITTEES

Please check the Calendar and send the contact person for the meets listed in your LMSCs. We would like these names for the next issue.

HILL CARROW JOINS OLYMPIC COMMITTEE

Hill Carrow, North Carolina swimmer and member of the Winston-Salem Masters team, has recently accepted a position with the US Olympic Committee as corporate marketing director and vice president of its new properties division, Olympic Properties of the United States (OPUS). Hill's new office address is:

US Olympic Committee
One Olympic Plaza
Colorado Springs, CO 80909
719-578-4952

SWIM MAGAZINE PROBLEMS

If your swimmers are having problems receiving *SWIM* magazine, have them look on the back of their registration card and it directs them to contact the National Registrars - Bill and Diane Black at 1-770-698-8020.

ADDRESS CHANGES AND LOST CARDS

In order to receive your LMSC Newsletter and/or *SWIM* magazine, please send your change of address as soon as you know it to your local Registrar. Also, if you have lost or misplaced your registration card - contact your local REGISTRAR.

SAFETY DURING WARMUPS BY STEVE WYCOFF

Everyone has their own ideas about how to warm-up for swim meet competitions. Some individuals that I know like to arrive early and do a workout before the meet starts while others plunge in for a few minutes and conserve their energy. Most of us fall somewhere in between. However, since there are usually many swimmers trying to do some type of warm-up at the same time, USMS has made some suggestions to ensure the safety of all swimmers. At least the first 30 minutes of the warm-up should be designated by the meet director as general, continuous swimming in a circle pattern with swimmers staying close to the right hand side of the lane. Lanes can be designated as slow, medium, or fast; or you can look for a lane with swimmers who may be going at your speed. You should follow the usual lap swimming etiquette of allowing faster swimmers to pass. During this general warm-up period, swimmers must enter a lane feet first in a cautious manner. Diving, backstroke starts, and jumping entries are not permitted. A "No Diving" sign should be posted on the blocks to help enforce this rule. A marshal to monitor each end of the pool is recommended and a qualified lifeguard should be on duty at all times. After thirty minutes, the meet director should designate two adjacent outside lanes for one way printing. A dive off of the blocks or a backstroke start is permitted in these lanes. Swimmers must leave the sprint lane when they reach the end of the pool. The same safety recommendations shall be enforced for warm-up and warm-down in a separate pool or lane during the actual competitive events. Be safe, follow the rules, and come on!

The water is fine!

CRAWFISH CHAMPIONS OF DIXIE ZONE

The Crawfish Masters won the team title at the Dixie Zone Long Course Championships at the L.S.U. Natatorium on August 1-3. With 51 swimmers and 2,345 points, the Crawfish finished ahead of Lafayette's All Acadiana Athletics (1,271) and Sheveport's Sunrise Swim & Tri Club (1,121). The meet consisted of 126 swimmers from 13

THOUGHTS ON NATIONALS

By Coach George Bole

Some months ago - six, at least, I sent the membership my hope of winning the Long Course National US Masters Championship 1997 - not just my hope, but my belief and dearest wish. In that letter, I set out my program that I believed would enable this great team (St. Pete Masters) of ours to plunder victory on all fronts.

I had hoped for more than 100 participants, but really, that was asking much. I knew to win this championship, we had to have relays - good relays - and the program for Orlando allowed us the opportunity to pack in no less than 109 relay teams, covering women, men and mixed, at 800, 400 and 200 meters, freestyle and medley.

Despite my natural dislike of "resting," we did taper and build up speed. The last few weeks reeked of confidence in the team. I knew it was going to take a great, great team to match us. I have never been more proud of any team I've coached in my very (too?) long career. All we had to do was turn up!

There were 78 entries from SPM, but illness, business and loss of memory somehow reduced our numbers to 73. I will say, however, that every contribution from every SPM member was, in my eyes, valuable and praiseworthy. This includes those who came to cheer and who provided a "win" atmosphere around the team. John Milton said, "they also serve only who stand and wait." And so, if you sat in our ranks wearing the champion's shirt, you counted.

My legs took a bashing! I reckon I walked seven and a half miles, screaming, shouting and waving my "Moon" hat, urging success during the 800 frees. And then there were 20 relays of the 800 free for another ten miles. There were many more miles before the meet was over but walking with victorious competition never seems difficult.

All the performances were so wonderful that at times I had to pinch myself. This was swimming at it's very best. Everybody at the top of their form. This was my team! I wanted to get on the "mike" and tell everyone about it. This was fulfillment of a dream. It was a famous victory. I understand that we won 24 relays and 44 individual events.

We started out being a team and finished being a family. I have to say thanks to each and every one of you - from 22-year-old Lisa to 84-year-old Fred. You helped me realize a dream, I love you, one and all.

NOTE: St. Pete Masters won the Combined Large Team with 2946.5 points, ORLM 2,159.5 and GOLD 1,453.

St. Pete Masters won the Men's Large Team with 1,239.5, ORLM 826 and GOLD 752.

St. Pete Masters won the Women's Large Team with 1,121 points, ORLM 883.5 and GOLD 523.

CALENDAR

1997

- OCT** 11 SCY Inaugural Swim Meet - Tom Koenig, 2073 SE 38th CT, Ocala FL 34471
 25 SCY Senior Games - ISHOF Pool, Ft. Lauderdale, FL
 26 SCY Dynamo North - Atlanta, GA
NOV 1 SCM Aqua Crest - Delray Beach, FL - Scott Barlow 561-278-7341
 1-2 SCM **DIXIE ZONE SCM CHAMPIONSHIPS** - Steve Wycoff, Anderson Swim Centers, 1115 Comelia Rd., Anderson, SC 29621 864-260-5170
DEC 5-7 SCM Holiday Classic - Michelle Beckoff - 954-897-3490
 6 SCY MLK Meet - City of Atlanta

1998

- JAN** PST One Hour Swim
 SCY Charlotte, NC dates TBA
FEB PST Fitness Challenge - Scott Rabalais, 3537 Christina Ave., Baton Rouge, LA 70820 504-766-5937
 14-15 SCY Charleston, SC
 14-15 SCY Clearwater, FL
 27- MAR 1 SCY ISHOF - Ft. Lauderdale - Stu Marvin, 501 Seabreeze Blvd., Ft. Lauderdale, 33316 954-468-1580
MAR 14-15 SCY **DIXIE ZONE SCY CHAMP** - Lisa Watson, 804 Howell CT, Duluth GA 30136 770-497-1901
 27-29 SCY St. Petersburg, FL
APR 18-19 SCY Raleigh, NC
 23-26 SCY **YMCA MASTERS CHAMP** - Stu Marvin, ISHOF Aquatic Complex, 501 Seabreeze Blvd, Ft. Lauderdale, FL 33316 954-468-1582
 25-26 SCY Pensacola, FL
MAY 7-10 SCY **USMS NAT SC CHAMP** - Indianapolis, IN - IUPUI Pool
 23 OW Pensacola 5K
 23-24 LCM Montgomery, AL
 30 LCM Athens, GA
JUN 6 OW Swim Around Key West
 13 OW **1 MI CABLE NATIONAL CHAMP** - Atlanta, GA
 13 LCM Scott Barlow, Aqua Crest Pool, 2503 Seacrest Blvd, Delray Beach, FL 33444 561-278-7174
 19-30 LCM **VII FINA MASTERS SWIMMING WORLD CHAMP** - Organizing Committee, Avenue des F.A.R. - Tour Habous 13eme etage, Casablanca, MORROCCO FAX: (212-2) 31.11.76
 20 LCM Georgia Tech - Atlanta, GA
 27-28 LCM **DIXIE ZONE CHAMPIONSHIPS** - Greenville, SC
JUL 11 LCM Coral Springs Relay Carnival
 LCM Maryland Farms, TN - Dates TBA
 LCM St. Petersburg, FL - Dates TBA
 31-AUG 2 LCM Coral Springs, FL
AUG 10-15 LCM **1998 WORLD MASTERS GAMES** - For instant athlete registration and confirmation call - 1-800-98-GAMES (1-800-984-2637)
 20-23 LCM **USMS NAT LC CHAMP** - Stu Marvin, ISHOF Aquatic Complex, 501 Seabreeze Blvd., Ft. Lauderdale, FL 33316 954-468-1582
 LCM Baton Rouge, LA - Dates TBA
SEP 5 SCM Scott Barlow, Aqua Crest Pool, 2503 Seacrest Blvd, Delray Beach, FL 33444 561-278-7174
 13 OW **5K NATIONAL CHAMP** - Lake Lanier, GA
 30-OCT 4 **USMS CONVENTION**, Cincinnati OH
OCT 10-11 SCM **DIXIE ZONE CHAMPIONSHIPS** - Orlando, FL
 17-18 SCY Montgomery, AL
NOV 7 SCM Scott Barlow, Aqua Crest Pool, 2503 Seacrest Blvd, Delray Beach, FL 33444 561-278-7174
 7-8 SCM Anderson, SC
 15 SCM Coral Springs, FL
DEC 5-7 SCM Coral Springs, FL

1999

- MAY** 13-17 SCY **USMS NATIONAL SC CHAMPIONSHIPS** - Santa Clara, CA
AUG 19-23 LCM **USMS NATIONAL LC CHAMPIONSHIPS** - University of Minnesota
SENIOR GAMES - Orlando, FL

2000

- LCM **VII FINA MASTERS SWIMMING WORLD CHAMP** - Munich, Germany

PRINTING COMPLIMENTS OF THE CITY OF FORT LAUDERDALE AND THE HALL OF FAME AQUATIC COMPLEX

Editors Note: Please send news of your LMSC for publication in our Dixie Zone Newsletter. The deadline dates for the Newsletter are the 1st of the months of October, January, April and July. During those months the Newsletter will be assembled and mailed. Entry blanks for the Dixie Zone Championship meets should be sent at least three months in advance. SCY in January, LCM in April and SCM in July.

Dixie Zone News
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