

Zone Representative
June F. Krauser
2308 NE 19th Ave.
Ft. Lauderdale, FL 33305
(954) 564-6185

Top Ten/Records
Rocky Motter
3 Wando Circle
Hertford, NC 27944
(919) 426-2038

Dixie Zone News

JULY - SEPTEMBER 1996

WORLD CHAMPIONSHIPS

319 swimmers from the USA traveled to Sheffield, England for the VI World Masters Swimming Championships held June 22nd-July 3rd. A total of 4555 competitors entered the meet from 46 countries. 3837 swimmers were entered in the swimming competition of which 2045 were men and 1792 were women. The largest group of swimmers were from Great Britain (1641), 484 were from Germany, 455 from Japan and 292 from Brazil. There were 175 divers, 139 synchronized swimmers, 31 water polo teams and 406 entered in the open water swim. The first FINA Masters World Forum was held on June 21st with representatives from 16 member Federations. Mel Goldstein and Jim Miller represented USAS (USMS). This Forum is intended to be held every four years prior to the FINA Masters World Swimming Championships. Discussions involved Venues, Programming - Days and Events, Qualifying Times, Entry Limitation, Cost, Officials and other. The FINA Masters Committee members were in attendance and considered all suggestions during their three day meeting following the competition. The Championships were well organized and the registration of the participants went smoothly. Malcolm Hill from the Organizing Committee was a very effective and cooperative meet director. The marshalling was well organized and carried out with a friendly tone. When it appeared that the starter was not familiar with the Masters starting rule he was quickly informed by the Chief Referee Arthur Knudsen. One of the goals of the FINA Masters Committee was that the meet should not last more than ten hours a day. There was only one day where the meet ran over ten hours and that was Day 2 which ran until 6:30 pm. There were 194 disqualifications (men-117 and women-77). The main reasons for the disqualifications were 1) Breaststroke - one hand touches, dolphin kicks after start and turn; 2) Backstroke - turning onto stomach too early before the turn, kicking before the turning action and turning onto stomach before touching at the finish; 3) Butterfly - arms not simultaneous during

recovery and underwater recovery; and 4) Relays Early takeoffs. There were a total of 92 swims that exceeded the existing Masters World Records (men-47, women-41 and relays-4). June Krauser, Florida Gold Coast, swam and won five events breaking 7 world records. You ask how? In the 800 m free June broke the existing 200 m and 400 m with her split times. Her other firsts were in the 100 and 200 m flys and the 200 and 400 m IMs. Joe Kurtzman, South Carolina, broke two world records winning the 100 and 200 m flys with a second in the 50 m fly. Anne McGuire, Florida Gold Coast, won the 200 m fly, was second in the 200 m breast and 400 m IM, third in the 100 m breast and 4th in the 50 m breast. JoPaul Steiner, Southern, was 2nd in the 50 breast and 3rd in the 50 m free and 100 m breast. Janice Krauser, Florida Gold Coast, swam the 50 m fly and met her goal of not being last! St. Pete had six swimmers at the meet. Florence Carr won the 50 m fly and was 2nd in the 50, 100, 200 & 800 m frees. Sandy Steer swam the 200 m free and the three breaststrokes. Harold Ferris was there with a bad cold and I know he was 10th in the 50 free. Thomas Smith was 4th in the 50 back, 6th in the 50 fly and 9th in the 200 IM. Mike Torsney was 2nd in the 100 fly, 5th in the 200 fly, 8th in the 400 IM and he swam the 200 Breast and 200 IM. Couldn't find Sam Hall as I don't know his age! Bill Robertson from South Carolina did well winning the 200 m free, 2nd in the 100 m free, 5th in the 200 IM and 8th in both the 800 free and 50 fly.

A questionnaire was given to all competitors and there were 592 returned by the swimmers. As a result of the questionnaire, the FINA World Forum, and the observations during the Championships, the following recommendations were approved by the FINA Masters Committee to be submitted to the FINA Bureau for consideration to be included in the World Masters Swimming Championships to be held in Casablanca in 1998. 1) Inclusion of the 400 m freestyle to be swum on the same day as the 800 m free, and with choice of one of the two events to be pre-seeded by time regardless of age-group with two swimmers per lane. 2) A maximum of 5 individual events plus two relays

with two individual events plus relay per day. 3) Program of events like Sheffield with the exchange of the 400 and 200 IM's and female and male start events first on alternate days. 4) Qualifying standards on all events 200 meters and up. The standard based on the 10th time in the current World Top Ten listing plus 13% in 25-44 age groups and 16% in 45+ age groups. Note: These recommendations must be approved by the FINA Bureau.

In 1998 the FINA Masters Congress will be held where rules may be amended by the Federations. It was also recommended that we add the No False Start Rule for Masters competition. Members of the FINA Masters Committee expressed concern with respect to the staging of the Championships in Casablanca, due to the non availability of information from the Organizing Committee, both during the present Championships and at the Organizer's booth. The Committee recommended that the FINA Office/Executive Committee followup with the Casablanca Organization to determine the status of the Championships.

There will be a special edition of the FINA Masters News covering these Championships available in September. The first three places in each event will be listed for all five disciplines. You may request a copy from the FINA Permanent Office, Cornel Marculescu, Director, Avenue de Beaumont 9, 1012 Lausanne, Switzerland.

THE OLYMPICS

Dynamo in Georgia - On June 10th, Dynamo held a press conference to honor it's two Olympic Swimmers, Eric Wunderlich & Carlo Bruner. They have been an inspiration to their fellow swimmers. Also on June 10th, Dynamo dedicated their new facility in Alpharetta. This facility has both a competition and an instruction pool. Dynamo will be a practice facility for the Olympic water polo teams this summer. On June 18 through July 5, Synchro Canada will be training at Dynamo from 11 am to 3 pm.

ISHOF in Ft. Lauderdale - There have been a multitude of foreign teams working out this summer. You hear Spanish in one pool and at the same time German in the other pool. Several of the swimmers on the Ft. Lauderdale Swim Team will be competing for their native Countries. June Krauser flew to Atlanta on July 16th to attend a USAS (United States Aquatic Sports) reception for all of the FINA

Federations attending the Olympics. * It was nice to be a little part of the Big Show! Gold Coast Masters swimmer, Mary Ann Meekins, was awarded a certificate from the ISHOF proclaiming her a member of the mythical Olympic Team for 1944. "I was surprised and honored," she said. "It made me very, very proud." For those of you too young to know, the war stopped the Olympics in 1940 & 1944.

THE INTERNET

There is a new web site on the Internet devoted to swimming subjects. It includes 1) the home page for Florida Gold Coast LMSC, 2) the USMS Top Ten for the last 3 years, and 3) it includes lists of the Top Ten swimmers from your LMSC as well as your name as Chairman. If you use the Internet, take a look at it. Or get someone in your LMSC to check it out. The next issue of Swim Magazine will include an article about the Internet (written by Emmett Hines), and this site will be mentioned in it. It is accessed by means of this address:
<http://www.icanect.net/swimgold/>
The new site for Swim Magazine is:
<http://www.swiminfo.com/>
(Info provided by Carl House.)

THE PAN PACS

Next year's major competition will be the Pan Pacific Masters Swimming Championships to take place on Maui, Hawaii, on June 24-29, 1997! The high spirits and camaraderie that accompany the competition will make this one of the most progressive and outstanding Masters events you will attend. Competitive packages are being structured at this time and will be available for booking September of 1996 and complete meet entry information will be available at the same time. Check out our web site for all meet and travel package information and updates:
<http://www.lava.net/hawaiisports/>
You may also call or fax 1-800-690-8055 for meet information.

THE CONVENTION

The USMS Dixie Zone Meeting will take place on Friday, September 13, 1996 from 3:30 pm - 5 pm. The Agenda will be as follows:

1. Welcome & Members
2. Newsletter
3. Financial
4. Top Ten & Records
5. Championship Meet Bids
6. Other Business

1996 SWIM CALENDAR

- AUG 2-4 LCM - 2nd Annual South Florida Regional Championships - Judy Bonning, 12441 Royal Palm Blvd, Coral Springs, FL 33065 305-345-5370
- 3-4 LCM - Rick Fenton, c/o Mecklinberg AC, 9850 Providence Rd, Charlotte, NC 28277 704-846-5335
- 22-25 LCM - USMS LC CHAMPIONSHIPS - Phyllis J. Reid, 1966 USMS LC Nationals, PO Box 100, Clark Lake, MI 49324 517-592-8908
- SEP 7 SCM - Aqua Crest, Delray, FL - Scott Barlow, Aqua Crest Pool, 2503 Seacrest Blvd, Delray Beach, FL 33444 407-278-8020
- 7-8 LCM - "the Last Chance" - Sandra Kremer, 537 Starmont Lane, Henderson, NC 28791
- 11-15 - USMS CONVENTION - ORLANDO, FL
- Mid OW - Open Water Classic, Bill Black, PO Box 88863, Atlanta, GA 30356 404-698-8020
- OCT 11-13 SCM - DIXIE ZONE SCM CHAMPIONSHIPS - Team Orlando Masters, TOM/SCM Meet, 8422 International Dr, Orlando, FL 32819 407-647-7793
- 26 SCY - Senior Games - ISHOF Aquatic Complex - Stu Marvin, 501 Seabreeze Blvd, Ft. Lauderdale, FL 33316 954-468-1580
- NOV 2 SCM - Aqua Crest Masters - Scott Barlow, 2503 Seacrest Blvd, Delray Beach, FL 33444 407-278-5370
- 8-9 SCM - Electric City Masters Swim Meet - Steve Wycoff, Meet Director, Anderson Swim Centers, 1115 Cornelia Road, Anderson, SC 29621 864-260-5170
- DEC 6-8 SCM - Coral Springs - Judy Bonning, 12441 Royal Palm Blvd, Coral Springs, FL 33065 954-345-5370

WHEN REQUESTING MEET INFORMATION PLEASE SEND SELF-ADDRESSED, STAMPED ENVELOPE.

HydroActive



Team Orlando Masters Short Course Meters Swim Meet

Dates : October 11, 12 and 13, 1996.

Meet Director : Larry Peck (407) 647-7793 (emergencies only).

Sanction : Sanctioned by Florida LMSC for USMS, Inc. Sanction Number : 146-019.

Sponsor : Team Orlando Masters in conjunction with the YMCA Aquatic Center.

Designation : This meet has been designated the Dixie Zone Short Course Meters Championship meet.

Eligibility : All athletes 19 years of age and older as of October 11, 1996 and registered with USMS, Inc. Non-U.S. citizens should have a letter of introduction from their own swimming association.

Facilities : The YMCA Aquatic Center pools will be used for this meet. The short course meters pool is a deep 8 lane pool with a fully automatic timing system. An 8 lane 25 yard pool will be available for warm up and cool down. Both pools are indoors.

Schedule : Warm up begins Friday at 5:30 PM. The 1500 Free will begin at 6:30 PM. Warm up begins Saturday & Sunday at 8 AM. The Saturday & Sunday events will begin at 9 AM.

Seeding Times : Please show your best meters time during the last two years. Heats will be seeded by time regardless of age with the slowest heat first in each event. You must submit a time for each event entered.

Entries and Fees : Swimmers must pre-enter by mail. Entry deadline is Thursday, October 3rd. It is your responsibility to mail your entry early enough to meet the deadline. A maximum of five individual events per day may be entered. Send the completed and signed entry form with a check. Each event entry must be submitted on the entry form, filled out completely with your name, phone number, club, birthdate, event numbers circled, 1996 USMS registration number and seeding times. The scoring of the event will be computerized. Please be sure all information and the signed waiver are filled out on the entry form. The fees are : \$2.50 per event and a \$10 meet charge. The meet charge covers the electronic timing and scoring costs and the cost of printing the heat sheets. Relay teams can be deck entered during the meet both Saturday and Sunday. There is no charge for relay teams. Only team members registered for this meet may swim in a relay. Please send a self addressed stamped envelope if you wish to confirm your entry.

Age Groups : Individuals : 19-24, 25-29, 30-34, etc. up to 90+. Relays : 76+, 100+, 120+, 160+, 200+, etc.

You must send a copy of your 1996 registration card with your entry. You cannot swim without it.

Make checks payable to : Team Orlando Masters.

Send signed entry form, copy of registration card and fees by October 3rd to :

TOM/SCM Meet
c/o Audrey Merritt
249 Carishbrooke St.
Ocoee, FL 34761

Refunds : If you enter but must cancel, a full refund will be given as long as you contact Audrey Merritt at (407) 654-2171 before 6 PM on Wednesday, October 9th. No refunds will be issued after this time.

Heat Sheets and Results : Heat sheets are included in the meet charge. Results may be ordered at the meet. One free copy will be given to each team (team representatives should indicate so on their entry form).

Awards : Awards for 1st through 6th in each event. Individual high point awards for 1st, 2nd and 3rd in all age groups. High point awards will only be awarded post-competition on Sunday, October 13th, after points are officially totaled. Swimmers departing early should have friends pick up awards or make other arrangements. Team awards will be given for the combined visiting men and women's 1st, 2nd and 3rd place.

Points : 9-7-6-5-4-3-2-1 for individual events. Double points for relays.

Rules and officials : Current masters swimming rules will govern. There will be a certified stroke and turn judge, starter and referee for all events.

Directions : The YMCA Aquatic Center is off exit 29 of Interstate 4. Take 482 East to the 1st intersection (International Drive). Turn right on International Drive for 1/2 mile. Turn right on Jamaican Court to the Radisson Hotel. The YMCA signs are to the right in the Radisson parking lot.

Social : A social will be held at Lucky and Jacquie Meisenheimer's home on Saturday evening. Come join us and play with Lucky's vast array of games and toys including the water volleyball court.

Additional comments : Masters swimming is a strenuous physical activity and each participant should first consult with his/her personal physician.

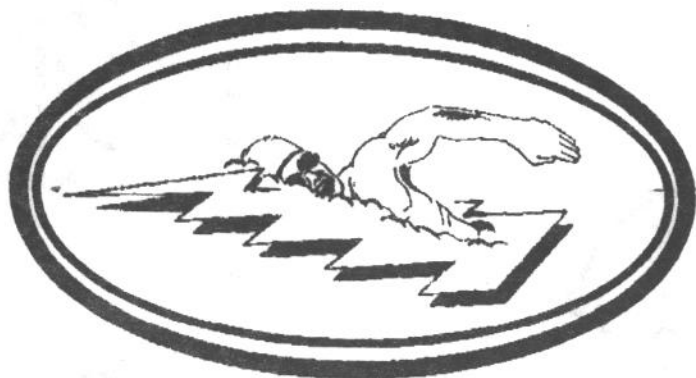
Local Hotels :

La Quinta
8300 Jamaican Court
Orlando, FL 32819
(407) 351-1660
\$55.00 (1-4 persons) 4 minute walk

Orlando Marriott
8001 International Drive
Orlando, FL 32819
(407) 351-2420
\$59.00 (1-4 persons)
\$69.00 (1-4 with kitchen) 5 minute walk

Days Inn Lakeside
7335 Sand Lake Road
Orlando, FL 32819
(407) 351-1900
\$33.00 (1-4 persons) 5 minute drive

Quality Inn/International
7600 International Drive
Orlando, FL 32819
(800) 825-7600 (407) 351-1600
\$27.00 (1-4 persons) 5 minute drive



*Team Orlando Masters
Short Course Meters
Swim Meet*

*The Dixie Zone
Short Course Meters
Championship*

October 11, 12 & 13, 1996

Team Orlando Masters Short Course Meters Swim Meet

ENTRY FORM

SANCTIONED BY FLORIDA LMSC for USMS, Inc. Sanction Number : 146-019

Name _____ Birthdate _____ Sex _____ Home Phone _____
Address _____ City _____ State _____ Zip _____
Team name _____ LMSC _____ 1996 USMS Registration # _____

FRIDAY OCTOBER 11, 1996

Warm up - 5:30 PM Swim - 6:30 PM

WOMEN/MEN EVENT SEED TIME
1 2 1500 M FREE

SATURDAY OCTOBER 12, 1996

Warm up - 8 AM Swim - 9 AM

WOMEN/MEN	EVENT	SEED TIME
3 4	200 M BACK	_____
5 6	100 M BREAST	_____
7 8	50 M FREE	_____
9 10	200 M FLY	_____
11 12	200 M FREE Relay	_____
13 14	100 M IM	_____
15 16	50 M BACK	_____
17 18	200 M FREE	_____
19	200 M Mixed FREE Relay	_____
21 22	400 M IM	_____

SUNDAY OCTOBER 13, 1996

Warm up - 8 AM Swim - 9 AM

WOMEN/MEN	EVENT	SEED TIME
23 24	100 M FREE	_____
25 26	200 M BREAST	_____
27 28	100 M FLY	_____
29 30	200 M MEDLEY Relay	_____
31 32	200 M IM	_____
33 34	50 M BREAST	_____
35 36	100 M BACK	_____
37 38	50 M FLY	_____
39	200 M Mixed MEDLEY Relay	_____
41 42	400 M FREE	_____

Number of Events _____ x \$2.50 = \$ _____ + \$10.00 Meet Charge = \$ _____

Please make checks payable to : TEAM ORLANDO MASTERS

Mail entries **to be received by October 3, 1996** to :

TOM/SCM Meet - c/o Audrey Merritt- 249 Carisbrooke St.- Ocoee, FL 34761

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS and the Florida LMSC.

Date : _____

Signature : _____

Attach a copy of your 1996 registration card here.

You must send a copy of your registration card with your entry.
You cannot swim without it.

PRINTING
COMPLIMENTS OF
THE CITY OF FORT LAUDERDALE AND
THE HALL OF FAME AQUATIC COMPLEX

Dixie Zone News
c/o June F. Krauser
2308 NE 19th Ave.
Ft. Lauderdale, FL 33305

07/23/96 20:28 FT. LAUDERDALE, FL 33305 DCR #2

