Dixie Zone News

April - June 1994

ZONE SHORT COURSE CHAMPIONSHIPS

The Raleigh Area Masters hosted a very successful Short Course Championships on April 16-17 at the Pullen Aquatic Center in Raleigh, NC. Billed also as the North Carolina Masters Short Course Championships, the meet attracted 225 participants, its best turnout ever.

Leading the in-state competition was the Raleigh Area Masters, with 53 competitors strong. North Carolina Aquatic Masters finished second, followed by Durham Masters. Out-of-state honors went to a large contingent from Virginia Masters. Two competitors traveled from Canada to attend the meet.

The Brownstone Hotel hosted a Saturday night social which was attended by 75 of the meet participants.

Thanks to John Armfield, Meet Director, and to the Raleigh Area Masters for hosting yet another quality Zone Championship meet!

FROM THE TOP

Our USMS Zone Chairman Betsy Durrant sends out a few reminders to LMSCs and teams:

- 1) Continue to check the waiver form on meet entries. If you see one that is incorrect, let the LMSC know so that the Sanction Chairman can make corrections. Check the 1994 Rule Book for the proper waiver.
- 2) Dorothy Donnelly keeps a file of information sheets for LMSCs. When she gets inquiries about Masters swimming, she sends them the information from their LMSC. LMSCs may wish to keep Dorothy updated.
- 3) In order to keep our national calendar of events up-to-date, please send your meet information to Lynn Hazlewood, 11714 Decade Court, Reston, VA 22091. The Calendar of Events page in SWIM Magazine is compiled from Lynn's information. Please send to Lynn well in advance of your meet.
- 4) New USMS decals have been printed. They are double-stick and can be placed inside a window or on your bumper! Cost is 4/\$1.00 and can be obtained from the National Office.
- 5) Each year, LMSCs are required to submit a financial report and minutes of annual meetings. LMSCs should ensure that this is done in a timely manner after their annual meetings.

AROUND THE LMSCs

Florida LMSC - FROM YOUR REGISTRAR: All Club Registrars should review the registration forms before submitting them. I need **readable** forms. Please include area codes, proper club designations, and unabbreviated cities.

Your name is recorded by the LMSC Registrar as given by you. This is what you use when entering a competition. Be consistent; always Bill, not sometimes Wm.

Your address is recorded as given by you. When your address changes, please notify the registrar. We frequently use bulk mail which is not forwarded. We also use computer generated labels. Swim Magazine has its own address files and its up to you to contact the magazine to report an address change.

Florida Gold Coast LMSC - Congratulations to June Krauser, an upcoming inductee into the International Swimming Hall of Fame. June has been selected as an Honor Contributor for her many years of service to AAU, USS, and USMS.

June leads the list of champions in the 1993 Top Ten results. She placed in the Top Ten in every single event in all three courses. She had the fastest time in the nation in fifteen events in her age group. Other national champions from FGC are Anne McGuire, Cynthia Bruce, Margaret Timmins, Stu Marvin, Herb Kern, Robert Strauss, Ernie Leskovitz, and Sherwin Drobner.

Georgia LMSC - The ever-popular St. Patrick's Day Meet in Atlanta continues to attract many Masters as 231 swimmers competed in the March 19-20 meet. This was the second highest turnout ever for the meet! Swimmers attended from throughout the Dixie Zone, plus from far away as Colorado and California. The Killer Whales, with 98 swimmers, dominated the team scoring with 2436 points. Bama Masters and Music City Masters followed. A perfect score of 90 points was earned by Florence Carr, Frances Bell, and Robert Acker. Special thanks to the Boy Scouts for serving as volunteer timers.

The Killer Whales also won the Medium Team Division of the USMS One Hour Swim. Twenty-one Whales compiled a total of 88,380 yards.

North Carolina LMSC - A 5K Open Water Swimming Championship will be held at Wrightsville Beach, NC on June 11, 1994. The race will follow the start of the 25K Open Water National Championship. Age group and overall awards. Entry fee (\$20.00) includes t-shirt; first 100 entries accepted. For more information, call Daniel Forester at 910-799-2845.

South Carolina LMSC - The Hilton Head Aquatic Club Masters have come a long way recently. Fifty five thousand dollars was spent on a bubble to enclose the beautiful 8 lane, 25 yard pool at the Island recreation Center. The water is heated to 82 degrees and a heater was installed to heat the air. Christian Roe, former Auburn University swimmer and Olympic Trials finalist, was instrumental in getting the program started. Christian recently moved to Michigan, and Mary Ward is taking over the coaching and doing an excellent job!

Southeastern LMSC - The Greater Pensacola Aquatic Club Masters 5K will be held in Pensacola Bay on Saturday, May 7. It is being held in conjunction with the GPAC Open 5K Invitational. Entries are due no later than Saturday, April 30. Entry fee of \$25.00 includes pre-race meal, t-shirt, and post-race refreshments. All participants must attend the pre-race briefing and meal to be held on Friday evening. In 1992, water temp was 66 degrees with a slight chop. In '93, the water was 76 degrees and smooth. Pay an extra \$5.00 for warm water!

Southern LMSC - Southern's February Fitness Challenge was a big success with 832 participants compiling over 29,000 miles - more than a trip around the globe! Top swimmer Kent Price of Palo Alto, CA swam an astounding 575,000 yards during the month by practicing three times per day. Baton Rouge, LA once again led the city participation with 48 entries. The average monthly distance per swimmer in the Challenge was 62,551 yards.

The Southern LMSC Championships were held at Louisiana State University on March 19-20. The Crawfish Masters led team scoring, followed closely by Bolts Masters. Eightyone swimmers from Louisiana and Mississippi participated. A small one-day meet was held in Monroe, LA at Northeast Louisiana University on April 9.

HISTORICAL NOTE

USMS Historian Joan P. Smith has asked for anyone to send her information that she can place in the USMS Historians Book for 1993-94. Perhaps you may have some old articles or pictures that would go nicely in the USMS scrapbook. If so, please send to Joan P. Smith, 4309 Surita Street, Sacramento, CA 95864.

AWARDS ACROSS AMERICA

Moving slowly but determined to get off the ground, Dixie Zone's "Awards Across America" program is looking for old and unused awards that can be channelled to the underprivileged and disabled. Please send your donation to Scott Rabalais, 950 S. Foster Dr. #29, Baton Rouge, LA 70806. Medals are great, but we'll also accept plaques, ribbons, and trophies. Also, do you know of any agencies that would benefit form these awards?

Meet Directors: It would be appreciated it you would place a note about AAA in your entry form. Please ask your entrants to donate old awards by bringing to the meet and giving to the Meet Director.

Thanks to Judy Bonning for sending a box full of awards, collected at a recent meet!

RULE PROPOSALS

LMSCs are reminded to submit proposed rule changes to the appropriate committee chairman by July 10. This year, an even-numbered year, is a "majority" year for Rules and Long Distance and an "emergency" year for Legislation.

MEET CALENDAR - DIXIE ZONE

- APRIL 29-30 & MAY 1 STANTON C. CRAIGIE MEM. MEET Ft. Pierce, FL (SCY) Tom Harmon, IRCC, 3209 Virgina Ave., Ft. Pierce, FL 34981 407-465-8385
- MAY 7 GPAC MASTERS 5K Pensacola, FL Steve Panzram, Bay Swim, P.O. Box 30318, Pensacola, FL 32503 904-484-1312
- MAY 14 LAKE LANIER 5K OPEN WATER SWIM (Qualifying times)
 Keith Berryhill 404-938-7014 (day)
- MAY 28 FOURTH ANNUAL CORAL SPRINGS RELAY CARNIVAL C.S., FL (SCY) Judy Bonning, 12441 Royal Palm Blvd., Coral Springs, FL 33065 305-345-5370
- JUNE 4 AQUACREST LONG COURSE METERS Delray Beach, FL Kathy Royce, 2503 Seacrest Blvd., Delray Beach, FL 33444 407-278-7174
- JUNE 11 5K OPEN WATER SWIMMING CHAMPIONSHIP Huntsville Beach, NC Daniel Forester, 4718 Greenway Ave., Wilmington, NC 28403 910-799-2845
- JUNE 17-19 CORAL SPRINGS LONG COURSE MEET Coral Springs, FL Judy Bonning, 12441 Royal Palm Blvd., Coral Springs, FL 33065 305-345-5370
- JULY 13-14 LONG COURSE METERS MEET Greenville, SC
 Beth Scheimann, PO Box 957, Simpsonville, SC 29681 803-963-9189
- JULY 22-24 DIXIE ZONE LONG COURSE CHAMPIONSHIPS St. Petersburg, FL Harold Ferris, 1116 44th Ave. N.E., St. Petersburg, FL 33703 813-896-0250
- JULY 23 ANNUAL SWIM AROUND KEY WEST (includes relays)
 Judy Bonning, 12441 Royal Palm Blvd., Coral Springs, FL 33065 305-345-5370
- JULY 23-24 GEORGIA MASTERS STATE GAMES Atlanta, GA (SCY) Bill Black, 7040 Hunters Knoll, Atlanta, GA 30328 404-698-8020
- JULY 29-31 SOUTHERN MASTERS LCM CHAMPIONSHIPS Baton Rouge, LA Scott Rabalais, 950 S. Foster Dr. #29, Baton Rouge, LA 70806 504-928-5596
- AUGUST 6 AQUACREST LONG COURSE METERS Delray Beach, FL Kathy Royce, 2503 Seacrest Blvd., Delray Beach, FL 33444 407-278-7174
- AUGUST 13-14 GEORGIA MASTERS LONG COURSE MEET Atlanta, GA (LCM) Lisa Watson, 804 Howell Ct., Duluth, GA 30136 404-497-1901
- SEPTEMBER 17 AQUACREST FALL SWIM CLASSIC Delray Beach, FL (SCM) Kathy Royce, 2503 Seacrest Blvd., Delray Beach, FL 33444 407-278-7174

ZONE LONG COURSE CHAMPIONSHIPS

The 1994 Dixie Zone Long Course Championships will be held in St. Petersburg, FL on July 22-24. A meet entry form will be sent to each Dixie Zone team in the near future. For more information on the meet, contact Harold Ferris at 813-896-0250. A \$1.00 Zone fee is applied to championship meet charges to support various zone programs.

OTHER EVENTS

- USMS 2000 FITNESS CHALLENGE, April 1 May 31
 Betty Barry, 1403 Victor Holcomb Rd., Victor, NY 14564 716-924-5344
- USMS 10 KILOMETER POSTAL CHAMPIONSHIPS, May 15 September 30 Cathy Copeland, 246 Berger Street, Somerset, NJ 08873 980-828-4679
- 10,000 METER 2 PERSON POSTAL MEET RELAY, May 15 October 15
 Mike Stott, 403 Lakewood Drive, Richmond, VA 23229 804-288-8808
- JACK NELSON SWIM CAMPS, ISHOF, June 10-12
 Nick Baker, 503 Seabreeze Blvd., Fort Lauderdale, FL 33316 305-345-5370
- USMS LONG COURSE CHAMPIONSHIPS, Buffalo, NY, August 25-28 Gene Donner, 4220 South Park Ave., Blasdell, NY 14219 716-823-3873
- USMS 6000 YARD POSTAL CHAMPIONSHIPS, September 1 November 30 Robert Mitchell, P.O. Box 204, El Toro, CA 92630 714-581-1135
- USMS CONVENTION Kansas City, KS, September 28 October 2 Suzanne Rague, 935 NW 170th Place, Beaverton, OR 97006 503-531-9051

LOOKING AHEAD TO '95

- 1995 USMS 1 HOUR POSTAL CHAMPIONSHIPS, hosted by Georgia Killer Whales (Jan.) Bill Black, 7040 Hunters Knoll, N.E., Atlanta, GA 30328 404-698-8020
- 1995 USMS SHORT COURSE CHAMPIONSHIPS, Fort Lauderdale, FL, May 18-21, 1995 Stu Marvin, Hall of Fame Aquatic Complex, 501 Seabreeze Blvd., Ft. Lauderdale, FL 33316 305-468-1580
- 1995 USMS 3.5 MILE OPEN WATER CHAMPS., Fort Lauderdale, FL, May 22, 1995 Stu Marvin, above

printed by

kinko's®

the copy center

Open 24 Hours

159 W. State Street Baton Rouge, LA 70802 (504) 344-7296 638 Florida Street Baton Rouge, LA 70802 (504) 389-0945 9945 Airline Highway Baton Rouge, LA 70809 (504) 926-2679

Visit one of our over 600 locations across the country.

Dixie Zone News c/o Scott Rabalais 950 South Foster Dr. #29 Baton Rouge, LA 70806











SOUTHER